



# Peaks Catalogue

Outdoor Pursuits Programme

# Purposes and format

## Primary purposes

Reach the various summits of northern Tanzania, progressing through the categories for the ones who intend to tackle bigger mountaineering challenges. While there is no technical climbing involved (e.g. using ropes), some hikes are steep and require appropriate preparation.

The students will learn to hike through hostile environments, managing their own equipment adequately under the supervision of experienced local guides and school staff. Mountains are microclimates: the trips will sometimes involve rain, hot sun, cold temperatures (even snow!), and altitude; some summits reach up to 3000 to 5,895 meters above sea level (MASL).

## Format

To complete a trip, students have to carry their bag and equipment to the summit. Since we hike in groups, virtues of patience and teamwork are necessary. We stay together and hike together!

Everyone contributes to setting camp, cooking, washing dishes, and any camping-related chores.

# Peaks Trips Catalogue

## Lower Secondary trips (M1 to M4)

M1 Discovery to Campcraft

Discovery to Mount Kilomeni

Exploration to Mount Longido

Adventure to Usambara Mountains

Challenge from Ngorongoro to Natron

## Upper Secondary trips (M5 to D2)

Discovery to North Pare Mountains

Discovery to Mount Longido

Exploration to Mount Hanang

Adventure to Mount Meru

Challenge to Mount Kilimanjaro

# M1 Discovery to Campcraft

## Summary

Two days, one night trip for M1 students to introduce them to the fundamentals of outdoor education as we deliver it at UWC East Africa. The location varies. The trip includes short hikes and workshops on camping skills, cooking skills, basic first aid skills, OP equipment use, environment recognition, wildlife observation, orientation, and more. M1 Mentors accompany students on this mandatory trip, along with OP Coordinators.

School staff-student ratio = 1 for 8.

## Itinerary

### **Day 1**

Packing the bus and departure to location. Set up the camp + workshops + games. Learning to cook OP-style. Short hike.

### **Day 2**

Early wake up and breakfast preparation. Short hike and other workshops. Packing the camp and return to school before lunch.

## Fitness requirement

None.

## Minimal outdoor experience requirement

None.

# Lower Secondary Discovery to [Kilomeni](#)

## Summary

Two days, one night trip for Lower Secondary students (M1 to M4) up to Kilomeni, a peak situated in the eastern part of the Pare Mountains. This excursion is an appropriate initiation to mountaineering in the land of the Wapare, the hike being accessible with just the right amount of challenge. Quite steep, students will get a taste of what the Peaks programme feels like!

School staff-student ratio = 1 for 8.

## Fitness requirement

Attend and complete 1 OP training within 3 weeks of the trip departure.

## Itinerary

### **Day 1**

The hike starts at Lembeni town and it goes through a small forest. The first 3.64 km is bushes, a mainly rocky and steep area. Reaching Kilomeni Peak (1,763 MASL) is 9.46 km, and will take 4 to 5 hours. Camp overnight.

### **Day 2**

Early wake up, pack camp, have breakfast, then start hiking down and back to Lembeni which will take 3 to 4 hours to the pickup point.

## Minimal outdoor experience requirement

M1 - Campcraft or another OP trip.

M2 to M4 - None.

# Lower Secondary Exploration to Mount Longido

## Summary

Three days, two nights trip for Lower Secondary students (M1 to M4). Longido grazes the border of Namanga, hence offers great views of both Kenya and Tanzania. This is a Tanzania Wildlife Management Authority (TAWA) area and requires the services of an armed ranger for the hike due to the presence of wildlife in the area (buffalos, felines, monkeys, etc.). The hike is steep and there is long exposition to the sun. This is a challenging but accessible trip, great to practice outdoor self-management.

School staff-student ratio = 1 for 8.  
Local guide ratio = 1 for 10.

## Fitness requirement

Attend and complete 1 OP training within 3 weeks of the trip departure.

## Itinerary

### Day 1

Friday after school, drive to Longido base and camp overnight.

### Day 2

Hike all the way up the mountain (2,637 MASL) and down; total hike time estimated between 8 to 10 hours depending on group's rhythm. Camp overnight.

### Day 3

Pack the camp, have breakfast, drive back to school.

## Minimal outdoor experience requirement

1 OP trip completed

- M1 - Campcraft or another OP trip.
- M2 to M4 - One Discovery trip from Peaks, Plains, Rides or Reefs.

# Lower Secondary Adventure to the Usambara Mountains

## Summary

Four days, three nights trip for lower secondary students (M1 to M4). The Usambara Mountains are a rich environment with unique biodiversity; Tanzania Forest Service (TFS) protects certain areas and species. Known for its abundance of stunning views, of the rich history of the Kingdom of the Wasambaa, of the chameleons, this region surrounding Lushoto is fresh and comfortable for hiking and adventures. This trip is a great opportunity to further develop outdoor skills, and to start observing the impact of humans on the ecosystems using history as a source of information.

School staff-student ratio = 1 for 8.

Local guide ratio = 1 for 20.

## Fitness requirement

Attend and complete 2 OP trainings within 6 weeks of the trip departure.

## Itinerary

### **Day 1**

Drive to Green Farm (1,473 MASL; Lushoto), urban historical tour, set up camp, go to Irent Viewpoint for sunset.

### **Day 2**

Hike up to Kigulu Hakwewa (1,840 MASL); 3-4 hours and 5 km. Visit of German cave. Camp overnight.

### **Day 3**

Hike up and down through villages until Vuli Peak (1,750 MASL); 5-6 hours and 9 km. Drive back to Green Farm.

### **Day 4**

Pack the camp, eat breakfast, drive back to school.

## Minimal outdoor experience requirement

2 OP trips completed, either:

- 1 Peaks trip + 1 explorer

or

- 2 Peaks trips of different locations

# Lower Secondary Challenge from [Ngorongoro](#) to [Natron](#)

## Summary

Five days, four nights spectacular trip for lower secondary (M1 to M4). This is one of the most spectacular trip of our OP programmes, hiking in conservation and protected areas populated by diverse wildlife and gorgeous ecosystems of Ngorongoro and Lake Natron. The challenge of this trip is the consecutive long-distance hikes, which invites for patience and endurance. This is an opportunity to engage in Tanzania's natural and cultural treasures.

School staff-student ratio = 1 for 8.  
Local guide ratio = 1 for 8.

## Fitness requirement

Attend and complete 3 OP trainings within 6 weeks of the trip departure.

## Itinerary

### Day 1

Drive to Bullat Primary School, set up camp, and visit Maasai village.

### Day 2

Bullat to Mount Loolmalasin (3,682 MASL), then down to Empakaai Crater Rim (22 km hike total).

### Day 3

Empakaai to Acacia campsite; 5-6 hours and 18-km hike.

### Day 4

Acacia to Natron (Ngare Sero); 5-6 hours and 10-km hike.

### Day 5

Pack the camp, eat breakfast, drive back to school.

## Minimal outdoor experience requirement

3 OP trips completed, either:

- 2 Peaks trips + 1 Exploration, Adventurer or Challenge
- or
- 3 Peaks trips of different locations



# Upper Secondary Discovery to the [North Pare Mountains](#)

## Summary

Two days, one night trip for Upper Secondary (M5 to D2) through the forest up to the top of the highest peak of the North Pare Mountains, the Kindoroko Peak. This is one of our oldest trip in the OP programmes, great for people who are curious about the Peaks programme. This excursion is an appropriate initiation to mountaineering in the land of the Wapare, the hike being accessible with just the right amount of challenge. The forest is fresh, the view at the campsite is absolutely beautiful, especially at full moon.

School staff-student ratio = 1 for 8.

## Itinerary

### **Day 1**

Drive to Lomwe Secondary School. Hike a distance of 5 km, for a total of 4 to 5 hours before reaching the summit. The camping is at the summit (2,100 MASL).

### **Day 2**

Early wake-up, pack the camp, have breakfast, then hike down Kisangara for a 9-km; about 5-6 hours depending on the group's rhythm. Drive back to school.

## Fitness requirement

Attend and complete 1 OP training within 3 weeks of the trip departure.

## Minimal outdoor experience requirement

None.

# Upper Secondary Discovery to Mount Longido

## Summary

Three days, two nights trip for upper secondary (M5 to D2) students. Longido grazes the border of Namanga, hence offers great views of both Kenya and Tanzania. This is a Tanzania Wildlife Management Authority (TAWA) area and requires the services of an armed ranger for the hike due to the presence of wildlife in the area (buffalos, felines, monkeys, etc.). The hike is steep and there is long exposition to the sun. This is a challenging but accessible trip, great to practice outdoor self-management.

School staff-student ratio = 1 for 8.  
Local guide ratio = 1 for 10.

## Itinerary

### Day 1

Friday after school, drive to Longido base and camp overnight.

### Day 2

Hike all the way up the mountain (2,637 MASL) and down; total hike time estimated between 8 to 10 hours depending on group's rhythm. Camp overnight.

### Day 3

Pack the camp, have breakfast, drive back to school.

## Fitness requirement

Attend and complete 1 OP training within 3 weeks of the trip departure.

## Minimal outdoor experience requirement

None.

# Upper Secondary Exploration to [Mount Hanang](#)

## Summary

Four days, three nights trip for upper secondary (M5 to D2). Mount Hanang is the fourth highest peak in Tanzania and is a Tanzania Forest Service (TFS) protected area. While enjoying stunning views of the Babati region, this mountain offers a great outdoor experience: managing microclimates and basic facilities, working on self-sufficiency with food and water. Hanang is a well-hidden secret that attracts more and more people because of its unique attributes.

School staff-student ratio = 1 for 8.  
Local guide ratio = 1 for 10.

## Itinerary

### **Day 1**

Drive to Katesh (Babati), visit of the salt lake (unique ecosystem), and camp at the base of the mountain.

### **Day 2**

Hike 4.3km, around 6 hours, then set camp at 3,000 MASL. If we reach a good time we might summit the same day (3,414 MASL).

### **Day 3**

Summit early morning if it didn't happen on day 2, then down to base.

### **Day 4**

Breakfast, pack camp, drive back to school.

## Fitness requirement

Attend and complete 1 OP training within 3 weeks of the trip departure.

## Minimal outdoor experience requirement

1 OP trip completed in one of these programmes: Peaks, Plains, Rides, Reefs.

# Upper Secondary Adventure to [Mount Meru](#)

## Summary

Four days, three nights trip for upper secondary (M5 to D2) students 16 years old and above. Because it is in Arusha National Park, the group experiences walking through some wildlife with an armed Ranger. They sleep in huts, averages 4 to 5 hours hiking per day, for a total of around 43 km.

School staff-student ratio = 1 for 8.  
Local guide ratio = 1 for 3.

## Fitness requirement

Attend and complete 2 OP trainings within 6 weeks of the trip departure.

## Itinerary

### Day 1

Momella Gate to Miriakamba (1st camp) using the southern route (2500 m).

### Day 2

Miriakamba to Saddle (3500 m; 2nd camp). Afternoon acclimatization hike Little Meru (3820 m). Midnight departure for Socialist Peak (4566 m).

### Day 3

Socialist Peak to Saddle, then to Miriakamba.

### Day 4

Miriakamba to Momella using the northern route.

## Minimal outdoor experience requirement

2 OP trips completed, either:

- 1 Peaks trip + 1 explorer

or

- 2 Peaks trips of different locations

# Upper Secondary Challenge to Mount Kilimanjaro

## Summary

Six days, five nights trip for upper secondary (M5 to D2) students 16 years old and above. The group hikes up the Marangu route, sleeps in huts, averages 5-6 hours hiking per day and will complete around 60 km in total.

School staff-student ratio = 1 for 8.

Local guide ratio = 1 for 2.

## Itinerary

### Day 1

Marangu Gate to Mandara (2720 m)

### Day 2

Mandara to Horombo (3720 m)

### Day 3 (acclimatization day)

Horombo to Zebra Rocks (4000 m), then back

### Day 4 and 5 (summit night in between)

Horombo to Kibo (4750 m) + Kibo to Uhuru Peak (5895 m) + back to Kibo + down to Horombo (3720 m)

### Day 6

Horombo to Marangu Gate (HONGERA!)

## Fitness requirement

Attend and complete 3 OP trainings within 6 weeks of the trip departure.

## Minimal outdoor experience requirement

3 OP trips completed, either:

- 2 Peaks trips + 1 explorer or adventurer

or

- 3 Peaks trips of different locations