



Plains Catalogue

Outdoor Pursuits Programme

Purposes and format

Primary purposes

Offer hikes in mostly flat terrain, the main focus being learning about the ecology of wildlife and landscapes, and about traditional lifestyles of certain local communities like the Maasai people.

Introduce students to conservation methods and projects in different locations, with different organizations and communities.

Format

The students carry only their water, snacks and personal effects during the hikes. Most of the equipment will be carried to the campsite.

Students are encouraged to bring cameras to work on their photography skills, binoculars to develop their eye, bird or wildlife books to learn to identify, notebooks, phones if they have ecology-related apps, or anything that can contribute to their experience and learning.

Everyone contributes to setting camp, cooking, washing dishes, and any camping-related chores.

Plains Trips Catalogue

Lower Secondary trips
(M1 to M4)

Discovery to Monduli

Upper Secondary trips
(M5 to D2)

Discovery to Makuyuni

Trips for All
(M1 to D2)

Exploration to Mkuru

Adventure to Maramboi

Challenge to Serengeti Plains

Lower Secondary Discovery to [Monduli](#)

Summary

Two days, one night trip for Lower Secondary students (M1 to M4) interested in hikes on mostly flat areas with a focus on conservation and wildlife observation. The Monduli region is a rich ecosystem located very close to the school, managed and controlled by Maasai communities. Hiking in this area offers beautiful views of the Great Rift Valley, as well as potential encounters with wildlife like birds, giraffes, elephants, zebras, buffalos, etc. Bring your cameras!

School staff-student ratio = 1 for 8.
Local guide ratio = 1 for 10.

Fitness requirement

None.

Itinerary

Day 1

The hike starts in Monduli Juu town, going to Enguiki village to set up camp, which will take 4 to 5 hours. For dinner, the group will buy a goat from the Maasai community and learn how to arrange it in the traditional way; there will also be a vegetarian option.

Day 2

After an early wake up, camp packing and breakfast, the group will hike back to Monduli Juu town and be back to school before lunch.

Minimal outdoor experience requirement

M1 - Campcraft or another OP trip.
M2 to M4 - None.

Upper Secondary Discovery to Makuyuni

Summary

Three days, two nights trip for Upper Secondary students (M5 to D2) interested in hikes on mostly flat areas with a focus on conservation and wildlife observation. Makuyuni is a town that acts as a junction between Tarangire, Manyara, Ngorongoro, so it is part of a wildlife corridor as the animals migrate between the Tarangire river and Lake Manyara. There are regular sightings of zebras, wildebeest, elephants, giraffes, baboons, and other game in that area. Bring your camera!

School staff-student ratio = 1 for 8.

Local guide ratio = 1 for 10.

Itinerary

Day 1

Start with hike of 5 km to the Minjingu Mines and Fertilizer Ltd for a guided tour to learn about the importance of local manufacture of fertilizers in the region. Then, hike to the camp.

Day 2

After breakfast, hike to the Lake Manyara shore (8 km), then tour in this region with sights of zebras, wildebeest, and maybe other wildlife.

Day 3

After an early wake-up, camp packing, and breakfast, hike back to Makuyuni area (about 13 km) to reach the transport back to school.

Fitness requirement

None.

Minimal outdoor experience requirement

None.

All Secondary Exploration to Mukuru

Summary

Three days, two nights trip for all secondary students (M1 to D2) interested in hikes on mostly flat areas with a focus on conservation and wildlife observation. Mukuru is a Maasai managed and controlled area east of Oldoinyo Sambu (meaning "village of small huts"). This migration corridor, situated between Mount Meru and Mount Kilimanjaro, regularly offers sights of elephants, zebras and wildebeest. During this trip, students will learn more about the lifestyle of the Maasai communities from these villages, as well as the ecosystem of that plain. A well-hidden natural gem of Arusha. Bring your camera!

School staff-student ratio = 1 for 8.
Local guide ratio = 1 for 10.

Itinerary

Day 1

A 10-12 km flat hike from Oldoinyo Sambu village to Ngereiyani village, then set camp.

Day 2

After breaking the camp and eating breakfast, hike for 10 km to reach Ngung'osinyai Primary School, then set camp.

Day 3

After breaking the camp and eating breakfast, hike for 12-15 km until Ngambobo village, where the school transport will be waiting. Students will be back to school after lunch.

Fitness requirement

None.

Minimal outdoor experience requirement

1 trip completed of any of our OP programmes.

All Secondary Adventure to Maramboi

Summary

Four days, three nights trip for all secondary students (M1 to D2) interested in hikes on mostly flat areas with a focus on conservation and wildlife observation. If the location is in the Manyara region like the Makuyuni trip, the route is different; the group will hike through a Wildlife Management Area (WMA), accompanied by an armed ranger, and will have the opportunity to study this corridor more in depth while hiking from one location to another. This itinerary offers a unique ecosystem untouched by tourism and protected by local communities. Bring your camera! A lot of game on the way.

School staff-student ratio = 1 for 8.
Local guide ratio = 1 for 10.

Itinerary

Day 1

Hike from Lake Burunge to our campsite next to Burunge Tented Lodge (5-6 hours; 15 km).

Day 2

Break camp, have breakfast, and hike from Lake Burunge area to the Lake Manyara side and set camp there (6-7 hours; 18 km).

Day 3

Break camp, have breakfast, and hike to the Maramboi woodlands and camp there (6-7 hours; 18 km).

Day 4

Break camp, have breakfast, and hike from Maramboi and out of the Wildlife Management Area to meet our transport. Students will be back at school for lunch.

Fitness requirement

Attend and complete 1 OP training within 3 weeks of the trip departure.

Minimal outdoor experience requirement

2 OP trips completed in any programmes, including at least 1 OP trip from Peaks, Plains, Rides or Reefs.

All Secondary Challenge to the [Serengeti Plains](#)

Summary

Five days, four nights spectacular trip for all secondary students (M1 to D2) interested in hikes on mostly flat areas with a focus on conservation and wildlife observation. This trip, taking place in the Ngorongoro Conservation Area (NCA; not Serengeti National Park) is the milestone of the Plains programme; the itinerary speaks for itself. This trip has been designed by our school to offer a real taste of Tanzanian wildlife and ecology, hiking through ecosystems studied by the biggest conservation organizations from around the world.

School staff-student ratio = 1 for 8.
Local guide ratio = 1 for 10.

Fitness requirement

Attend and complete 1 OP training within 3 weeks of the trip departure.

Itinerary

Day 1

Drive to Olduvai Gorge in the Ngorongoro. Visit of archaeological museum, then hike to Shifting Sands. Camp at Serengeti Plains (10 km; 4-5 hours).

Day 2

Hike to Nasera Rock and set camp there (6-7 hours; 18 km).

Day 3

Hike to the eastern end of the Gol Mountains walking the Angata Kiti valley (6-7 hours; 18 km).

Day 4

Hike through Ol Karien Gorge; camp at the eastern entrance to the gorge in full view of Ol Doinyo Lengai (6 hours; 8 km).

Day 5

Game drive in the famous [Ngorongoro Crater](#), then back to school for dinner.

Minimal outdoor experience requirement

3 OP trips completed, at least one trip from the Adventure or Challenge category.