



Rides Catalogue

Outdoor Pursuits Programme

Purposes and format

Primary purposes

Cross-country style bike excursions in remote areas. We are looking for locations populated by wildlife and offering outstanding views of the diverse Tanzanian landscapes. We avoid main roads as much as possible for safety reasons.

Students learn the fundamentals of group excursions in order to maximize safety and fun; signals, techniques, road safety, going uphill and downhill, etc. They will also learn the basics of mechanic in order to fix their own bikes when needed (flat tires, brake cable breaking, gear adjustment, etc.).

Format

The students carry only their water, snacks and personal effects during the excursion. Most of the equipment will be carried to the campsite.

Everyone contributes to setting camp, cooking, washing dishes, and any camping-related chores.

Rides Trips Catalogue

Trips for All
(M1 to D2)

Discovery to Simba Farm

Exploration to King'ori

Adventure to TPC

Challenge to Northern Usambara

All Secondary Discovery to [Simba Farm](#)

Summary

Two days, one night trip for all secondary students (M1 to D2). Situated in the West Kilimanjaro region, north of Sanya Juu, Simba Farm offers safe farm roads to initiate students to bike excursions. This location is gifted with some wildlife like birds, giraffes, elephants, zebras, wildebeests, baboons, etc. and impressive views of Mount Meru and Mount Kilimanjaro when the clouds are out of the way.

School staff-student ratio = 1 for 8.
Local guide ratio = 1 for 10.

Itinerary

Day 1

Get to the Farm, establish the camp and go for a 10-km loop on the farm trails. Come back to camp and cook dinner.

Day 2

After an early wake up, camp packing and breakfast, the group will go for a 15 km excursion in the farm trails then exiting the farm to reach the school transport. Students will be back on campus for lunch.

Fitness requirement

None.

Minimal outdoor experience requirement

M1 - Campcraft or another OP trip.

M2 to D2 - None.

All Secondary Exploration to King'ori

Summary

Three days, two nights trip for all secondary students (M1 to D2). This trip is an opportunity to mix landscape exploration and community connection. Pamoja Secondary School is a Maasai community school that has collaborated with UWC East Africa many times. The students will have the opportunity to meet this community and interact with them. The whole itinerary happens between Mount Meru and Mount Kilimanjaro, offering gorgeous views. A hidden gem between Arusha and Moshi.

School staff-student ratio = 1 for 8.
Local guide ratio = 1 for 10.

Itinerary

Day 1

Start from Momella Gate (just outside Arusha National Park) and bike up to Pamoja Secondary School through the Maasai lands (20 km). Meet the Pamoja community and camp overnight.

Day 2

After breaking camp and eating breakfast, cycle from Pamoja Secondary School to Arise Community School (18 km). Camp overnight.

Day 3

After breaking camp and eating breakfast, cycle mostly downhill to King'ori through the villages (30 km), where the school transport will wait for the group. Students will be back to school for lunch.

Fitness requirement

Attend and complete 1 OP training (weekend rides) within 3 weeks of the departure of the trip.

Minimal outdoor experience requirement

1 trip completed of any of our OP programmes.

All Secondary Adventure to [Namalok](#)

Summary

Three days, two nights trip for all secondary students (M1 to D2). The students will now increase the number of kilometers per day and work their legs uphill a bit more (on the first day). The landscapes will change significantly, which is the beauty of traveling by bike, going from mountain ecosystems to the famous TPC sugar cane plantation through the Namalok Nature Reserve.

School staff-student ratio = 1 for 8.
Local guide ratio = 1 for 10.

Itinerary

Day 1

Start from Moshi campus, up to Umbwe Secondary School (40 km; 6-7 hours). Camp overnight.

Day 2

After breaking camp and eating breakfast, cycle from Umbwe down to the Namalok campsite, through the TPC plantation (60 km; 6-7 hours).

Day 3

After breaking camp and eating breakfast, cycle back to Moshi campus (40 km; 4-5 hours). Arusha students will be back to campus for dinner.

Fitness requirement

Attend and complete 1 OP training (weekend rides) within 3 weeks of the departure of the trip.

Minimal outdoor experience requirement

2 OP trips completed in any programmes, including at least 1 OP trip from the Rides programme.

All Secondary Challenge to Northern Usambara

Summary

Three days, two nights trip for all secondary students (M1 to D2). The students will travel from Same (Pare Mountains) to Fish Eagle Point (Tanga) using the back road of the Usambara Mountains along the Kenyan border.

School staff-student ratio = 1 for 8.

Local guide ratio = 1 for 10.

Itinerary

Day 1

Drive to Same District Council. Ride to Mkomazi Hotels and Campsite (34 km, mostly downhill, 4 hours). Camp overnight.

Day 2

Break camp, eat breakfast, and ride to Mnazi (80 km; 7-8 hours).

Day 3

Break camp, eat breakfast, and ride to Makarima (90 km; 8-9 hours).

Day 4

Break camp, eat breakfast, and ride to Fish Eagle Point (95 km; 8-9 hours). Eat at Fish Eagle Point (seafood curry + packed lunch for bus ride).

Day 5

Pack the camp, drive back to school with Reefs schedule.

Fitness requirement

Attend and complete 2 OP trainings (weekend rides) within 6 weeks of the departure of the trip.

Minimal outdoor experience requirement

3 OP trips completed. At least

- 1 Rides trip

and

- 1 Exploration, Adventure or Challenge trip