



SECONDARY HANDBOOK
2020-2021

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Part One: Academic Life

Welcome to UWC East Africa

Welcome to Tanzania,

We hope that you find this handbook to be informative and useful in preparing yourself for your time here and that it starts to give you a picture of our campus and community. While our community of students, parents, staff and others represent a wide background of different nationalities, cultures and experiences; they have a strong connection to the school, and this is felt as you spend time here.

While we are a hub within the Moshi and Arusha communities, it is also important that you take advantage of the opportunities the school provides to get out of the school and experience wider Tanzania. Please use this document as a guide to learn more about these opportunities and please ask questions of the staff to help you better understand the school and campus.

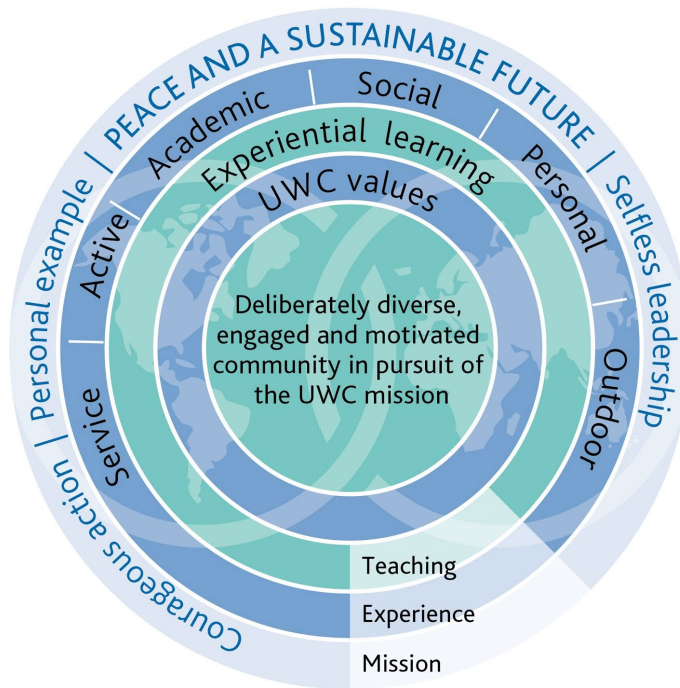
This handbook is revised each year and covers all aspects of Secondary life for both residential and day students.

Coming to UWC East Africa and living in Tanzania is an opportunity not to be missed. It is our honor to welcome you to our community.

Bob Cofer
Head of UWC East Africa, Moshi

Phil Bowen
Head of UWC East Africa, Arusha

UWC East Africa Guiding Statements



UWC Mission

UWC makes education a force to unite people, nations and cultures for peace and a sustainable future

UWC Values

International and intercultural understanding | The celebration of difference
 Personal responsibility and integrity | Mutual responsibility and respect
 Compassion and service | Respect for the environment
 A sense of idealism | Personal challenge | Action and personal example

UWC Common Code of Conduct

UWC Common Code of Conduct

Pursuing the UWC mission – to make education a force to unite people, nations, and cultures for peace and a sustainable future – requires a commitment to the following values: international and intercultural understanding, celebration of difference, personal responsibility and integrity, mutual responsibility and respect, compassion and service, respect for the environment, a sense of idealism, personal challenge, action and personal example.

At the heart of the UWC ethos is respect for others in all our actions and words. This means that we must think about the common good and be able to rise above our individual desires and needs. In short, our ideals require good heartedness from all members of the UWC community and a recognition that cultural norms are diverse.

The common code of conduct is required to make expectations clear. Students who accept a position at a UWC school or college commit to the pursuit of a healthy lifestyle, one that avoids potential harm to self and to others.

The following are not tolerated:

- Illicit drugs
- Tobacco
- Alcohol on school property and school sponsored activities
- Sexual activity in any public area, including student rooms
- Hazing, bullying or harassment
- Assault
- Stealing or 'borrowing without permission'

Additionally, each college will have clear expectations regarding:

- Attendance (at all classes and activities)
- Academic integrity
- Respect for curfew and/or quiet time
- Alcohol 'off-campus'

Individual UWC schools and colleges may have additional standards on these issues that reflect the laws and cultural norms of the country in which they are located. The expectation is that the UWC Common Code of Conduct will be followed both in action and in spirit. Those who breach the code will lose the right to remain in their UWC school or college.

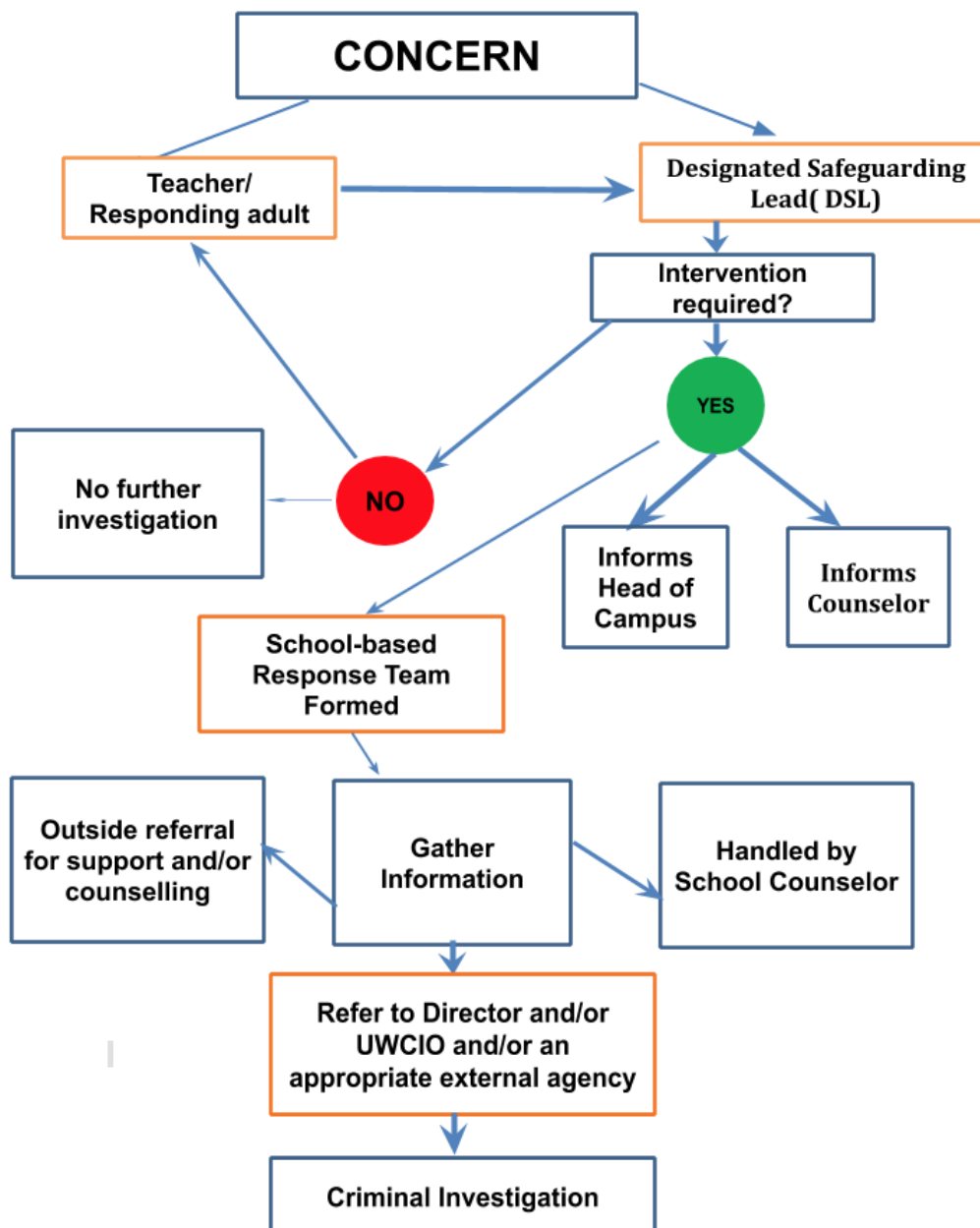
This document was approved by the UWC International Board of Directors, 17 October 2010

Child Safeguarding

UWC East Africa is committed to providing a safe, collaborative and caring environment.

Our highest priority is protecting the students in our care. We demonstrate this through the operations of each campus, the recruitment of all adults working with/around the students in our care and the physical environment of each campus.


If a student has a concern, they are encouraged to confide in one of the Designated Safeguarding Leads (DSL). Details regarding the DSLs are posted around the school. All information about child safeguarding at UWC East Africa is contained in the Child Protection Handbook which is available in both campus receptions.



UWC East Africa Safeguarding Policy – Last updated February 2020

IB Learner Profile

UWC East Africa motivates all members of our learning community to be:




IB learner profile

The aim of all IB programmes is to develop internationally minded people who, recognizing their common humanity and shared guardianship of the planet, help to create a better and more peaceful world.

As IB learners we strive to be:

<p>INQUIRERS We nurture our curiosity, developing skills for inquiry and research. We know how to learn independently and with others. We learn with enthusiasm and sustain our love of learning throughout life.</p>	<p>OPEN-MINDED We critically appreciate our own cultures and personal histories, as well as the values and traditions of others. We seek and evaluate a range of points of view, and we are willing to grow from the experience.</p>
<p>KNOWLEDGEABLE We develop and use conceptual understanding, exploring knowledge across a range of disciplines. We engage with issues and ideas that have local and global significance.</p>	<p>CARING We show empathy, compassion and respect. We have a commitment to service, and we act to make a positive difference in the lives of others and in the world around us.</p>
<p>THINKERS We use critical and creative thinking skills to analyse and take responsible action on complex problems. We exercise initiative in making reasoned, ethical decisions.</p>	<p>RISK-TAKERS We approach uncertainty with forethought and determination; we work independently and cooperatively to explore new ideas and innovative strategies. We are resourceful and resilient in the face of challenges and change.</p>
<p>COMMUNICATORS We express ourselves confidently and creatively in more than one language and in many ways. We collaborate effectively, listening carefully to the perspectives of other individuals and groups.</p>	<p>BALANCED We understand the importance of balancing different aspects of our lives—intellectual, physical, and emotional—to achieve well-being for ourselves and others. We recognize our interdependence with other people and with the world in which we live.</p>
<p>PRINCIPLED We act with integrity and honesty, with a strong sense of fairness and justice, and with respect for the dignity and rights of people everywhere. We take responsibility for our actions and their consequences.</p>	<p>REFLECTIVE We thoughtfully consider the world and our own ideas and experience. We work to understand our strengths and weaknesses in order to support our learning and personal development.</p>

The IB learner profile represents 10 attributes valued by IB World Schools. We believe these attributes, and others like them, can help individuals and groups become responsible members of local, national and global communities.

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Legal Document Requirements for Tanzania

Students must ensure that the school is provided with at least one of the following:

- Tanzanian birth certificate
- East African student exemption
- Valid Tanzanian study permit

Information regarding the process which applies to the individual student will be provided upon admission.

Student Rights and Responsibilities

Students have the <u>right</u> to . .	Students have the <u>responsibility</u> to . .
<ul style="list-style-type: none"> ● be treated with respect, courtesy and consideration by teachers, administrators, school personnel and classmates. ● a clean, safe, respectful environment conducive to learning and access to curricular and extra-curricular learning opportunities. ● discuss academic and residential matters and voice opinions in a respectful manner to faculty, administrators and school personnel. ● confidentiality and fair and accurate maintenance of their academic and disciplinary records. ● well-constructed lessons and activities that contribute to student achievement and experiences, corresponding to the UWC East Africa mission statement. ● have access to appropriate and necessary equipment to facilitate successful completion of assigned work. ● be informed of the school procedures by which the school is governed and the process by which discipline will be applied. 	<ul style="list-style-type: none"> ● respect all students and school staff, their views, rights, cultures, property and learning. ● contribute to the school environment by <ul style="list-style-type: none"> ○ arriving on-time and being prepared with all appropriate materials ○ following school expectations ○ completing all assigned work ○ fulfilling all extracurricular commitments. ● use appropriate language and maintain respectful behaviour with all students and school staff. ● maintain academic integrity by not cheating, plagiarising, or facilitating cheating or plagiarism by another student. ● participate actively and appropriately in all activities and strive to achieve optimal success in all that you do. ● challenge your thinking and be prepared to go outside of your comfort zone. ● treat all school facilities and equipment with respect and contribute to a clean, tidy and safe environment to ensure that all students have equitable access. This includes acting responsibly and ethically with all resources. ● familiarise themselves with all school expectations and accept consequences for personal behaviour with dignity and honesty. ● model exemplary behaviour and values at all times, especially in the context of younger students.

UWC East Africa Code of Conduct

UWC East Africa operates on the assumption that all students will follow the school rules and expectations, UWC Code of Conduct and acting responsibly and ethically. Our commitment to uphold the UWC East Africa Code of Conduct creates an atmosphere of trust and respect.

Academic Integrity

UWC East Africa operates on the assumption that students and staff accept and respect the principle of intellectual integrity. Any form of cheating undermines the integrity of the school's Guiding Statements and may be considered a violation of a major school rule and, as such, may be subject to disciplinary procedures.

All instances of academic dishonesty or cheating will be reported to the respective Head of Campus. The IB regulations regarding academic honesty are very specific. Any deviation from the regulations may result in a student being ineligible to receive IB certification.

As members of the UWC East Africa community, we commit ourselves to ensuring all academic work is produced with integrity and will not incur any infraction of academic honesty, such as:

- plagiarism - "the representation, intentionally or unwittingly, of the ideas, words or work of another person without proper, clear and explicit acknowledgement." Garza, 2014
- copying - taking the work of another student, with or without his/her knowledge and submitting it as one's own
- exam cheating - communicating with another candidate during an exam, bringing unauthorised material into an exam room, or consulting such material during an exam in order to gain an unfair advantage
- duplication - submitting work that is substantially the same for assessment in different courses without the consent of all teachers involved
- falsifying data - creating or altering data which have not been collected in an appropriate way
- collusion - helping another student to be academically dishonest
- misrepresentation - misrepresenting other people's ideas by pretending they are one's own

Meeting School Expectations and Sanctions

A community like ours can only run well if everyone agrees to cooperate together. We want our school to be a pleasant environment, which actively promotes learning and wellbeing. To achieve this, we believe that all should behave in a respectful way and therefore our school expectations in what we do and how we behave are based on the principle of respect.

We do not allow nor tolerate:

- cheating, vandalism, theft, violence, or threatening behaviour
- bullying (verbal, emotional, cyber or physical) or other abusive behaviour
- alcoholic drinks on the campus
- being under the influence of alcohol or drugs on campus or during school events and activities
- smoking or bringing tobacco on the campus (includes vaping)
- use or possession of any unauthorised or illegal drugs on campus or during school events and activities
- possession of weapons
- any overtly sexual behaviour
- Use of language that may be interpreted as discriminatory, inflammatory and/or offensive.

An infringement of any of the above will result in a disciplinary hearing and may result in punitive action which includes possible suspension or expulsion from the school.

What is Bullying?

Bullying is behaviour that hurts someone else – such as name calling, hitting, pushing, spreading rumours, threatening or undermining someone. It can happen anywhere – at school, at home or online – and is linked with aggression. It is usually repeated over a long period of time and can hurt a person both physically and emotionally. Bullying that happens online, using social networks and mobile phones, is called cyber bullying. Other types of bullying include relational bullying, physical bullying, and verbal bullying.

Possible Indicators of Bullying:

- Verbal abuse, such as name calling and gossiping
- Non-verbal abuse, such as hand signs or text messages
- Emotional abuse, such as threatening, intimidating or humiliating someone
- Exclusion, such as ignoring or isolating someone
- Undermining, by constant criticism or spreading rumours
- Controlling or manipulating someone
- Racial, cultural, sexual or homophobic derogatory comments
- Physical assaults, such as hitting and pushing
- Online cyber bullying

What is Cyber Bullying?

Cyber bullying is becoming increasingly common. Unlike other types of bullying, it can happen anytime anywhere – a child can be bullied when you might think they are safe, such as when they are alone in their bedroom. It can feel like there is no escape. Children

may know who is bullying them online or someone using a fake or anonymous account may target them. Cyber bullying negatively impacts children emotionally, psychologically and socially.

Indicators of Cyber Bullying:

- Sending threatening or abusive text messages
- Homophobia, racism or sexism
- Making silent, hoax or abusive calls
- Creating and sharing embarrassing images or videos
- 'Trolling' - the sending of menacing or upsetting messages on social networks, chat rooms or online games
- Excluding children from online games, activities or friendship groups
- Setting up hate sites or groups about a particular child
- Encouraging young people to self-harm
- Voting for or against someone in an abusive poll
- Creating fake accounts, hijacking or stealing online identities to embarrass a young person or cause trouble using their name
- Sending explicit messages, also known as sexting
- Pressuring children into sending sexual images or engaging in sexual conversations.

Consequences for cases of bullying and cyber-bullying may include:

- Meeting with the Head of Residential Life/Head of Campus
- Parents informed/invited into school
- Report in the student's school record
- Recommendation to see the Counsellor
- Disciplinary hearing which may lead to further actions

Discriminatory, Abusive or Foul Language

We do not tolerate discriminatory or abusive language whether it is targeted at an individual or in general. We also do not accept swearing in any language, either verbal or written. It is neither respectful nor appropriate in any forum at school, in class, after classes, during activities, around the campus, in the residences, or on a school organised trip. We are a full range school; this means you need to think about the music you listen to and the movies you watch in public spaces that may be overheard. Consequences for violation of these rules may include suspension or expulsion.

Alcohol

Residential students are not allowed to drink alcohol at any time and day students are reminded of the need to respect this rule when meeting residential students off campus. If a student disregards the school's and community's expectations, they can expect suitable disciplinary action. This could involve:

- discussing the issue with your Mentor, or the Deputy Head of Campus and you may be given a warning
- being asked to come to school at a particular time to undertake some form of work
- asking your parents to come to the school to discuss the difficulties and appropriate sanctions

If there is a serious breach of school rules, Disciplinary Committee hearings are held and may include the Head of Campus, Deputy Head of Campus, Head of Residential Life, Residential Parent, Mentor and the student(s) involved to decide on suitable disciplinary action. On these occasions, a student is allowed to invite a fellow student to observe and support, however, they cannot comment during the proceedings.

In case of serious or repeated disregard of the school's expectations, a student could be:

- restricted from certain activities,
- suspended from school for a fixed period or,
- expelled from the school.

School Day

Arusha

Monday to Thursday		Friday	
07:50 – 08:00	Registration	07:50 – 08:00	Registration
08:00 – 10:00	Lessons	08:00 – 10:00	Lessons
10:00 – 10:20	Break (20 mins)	10:00 – 10:20	Break (20 mins)
10:20 – 12:20	Lessons	10:20 – 12:20	Lessons
12:20 – 13:00	Lunch (40 mins)	12:20 – 12:40	Lunch (20 mins)
13:00 – 14:30	Lessons	12:40 – 14:00	Lessons
14:30 – 16:30	Activity period		

Moshi

Monday, Wednesday & Thursday	Tuesday	Friday
07:30 – 10:10 Lessons	07:30 – 10:10 Lessons	07:30 – 09:40 Lessons
10:10 – 10:30 Break	10:10 – 10:30 Break	09:40 – 10:10 Break
10:30 – 12:40 Lessons	10:30 – 12:40 Lessons	10:10 – 12:30 Lessons
12:10 – 12:55 Lunch A	12:10 – 12:55 Lunch A	12:30 – 13:20 Lunch
12:40 – 13:25 Lunch B	12:40 – 13:25 Lunch B	
13:25 – 15:05 Lessons	13:25 – 14:15 Lessons	
15:05 – 18:00 Activities	15:00 – 18:00 Activities	

Classroom Resources

Students should bring the following to each and every class:

- Textbooks (if issued by teacher)
- Stationery (exercise books/folder as issued by teacher)
- Pen, pencils, ruler, eraser, pencil sharpener
- All M3-D2 students require a laptop as stipulated in the Technology Use Policy
- M1-M2 may use a laptop in class (discretionary based on conversation with MYP Coordinator)

For certain classes, students will also need:

- Coloured pencils
- Mathematical instruments
- M1 to M5: simple calculator
- M5, D1, D2: graphic calculator (*TI-84 calculator available to purchase from school – these may be cheaper in your home country*)

Dress Code

UWC East Africa has a dress code created in conjunction with the students to convey a message of respectability to our community and reflect our standards. We are a school in Tanzania and should be aware of community and cultural expectations regarding student dress both when attending classes and when going off campus. In Tanzania, most people would expect clothes to cover from shoulders to knees at a minimum.

Students are expected to adhere to the following:

- No sagging shorts or trousers,
- Shorts, skirts or dresses should reach mid-thigh,
- Shirts or dresses can be sleeveless but should cover the torso,
- Hoods or hats may not be worn during classes,
- Wear shoes appropriate for your day (e.g. trainers for P.E. classes and closed toe shoes for Sciences and Design).

Clothes, jewellery, makeup or hairstyles, which may give offense in the community, should not be worn. In particular clothes or accessories that advertise alcohol, drugs or cigarettes, or contain offensive language or pictures are not appropriate.

Dress Code for Sports:

- Students should wear athletic shorts or athletic yoga/leggings. Shorts must reach mid-thigh.
- Students should wear a House T-shirt or UWC East Africa Sport T-shirt.
- Students should wear appropriate Athletic Trainers/Tennis Shoes to participate. For competitive field sports it is recommended that students have football/rugby boots/cleats.
- Students should have protective wear for certain sports, such as shin pads for football and a gum shield for hockey.
- Students should wear a hat.
- A water bottle is also needed for P.E. classes.
- Girls should wear a one-piece swimsuit and boys should wear swimming shorts. Competitive swimwear is recommended.
- For swimming lessons you need a towel and should have goggles and flip flops.

Students who are inappropriately dressed may be given alternative clothing to wear or asked to change. If a student is unable to take part in P.E. for medical reasons, then they must bring a note from their parent/guardian or school nurse. Students must bring a doctor's note for long-term medical issues. Non-participants are required to coach in their P.E. kits.

Exemptions to any aspect of the Dress Code can be made on religious or cultural grounds. Final decisions regarding appropriateness of clothing rests with the school.

Activities

Activities outside of the class are an integral and part of the learning programme at UWC East Africa. Students are expected to choose a range of activities that include creative, service and physical elements.

The Activity Coordinator has a full list of activities available and can support students in making choices.

MYP students work together in each mentor group to organise a collaborative Service as Action activity. This is an essential element of the MYP and should be a sustainable project that is contributed to by the whole mentor group. MYP students need to write up their activities in their reflections via ManageBac.

Diploma students have a CAS portfolio via ManageBac. The reflections are a requirement of the IB and should be completed periodically and once an activity is completed.

Once you have chosen an activity, you are expected to attend every week punctually, prepared, and committed.

Fundraising Guidelines

Any students/groups wishing to fund-raise for a cause of their choice need to write a letter/email to the Head of Campus and request permission. This proposal should include the following: type of event/ date/ location/people involved/details about the cause or charity organisation. The school reserves the right to deny a request if they feel there are not enough details or the date clashes with other events.

Music Lessons

Individual music lessons can be arranged for certain instruments. Students will need to ask parents/guardians to pay an additional charge. Arrangements for these lessons can be made with the Music department. Students can study for external music exams through this programme but this is not compulsory. Students can hire instruments from the Music department for a monthly fee.

Outdoor Pursuits Programme

UWC East Africa offers a varied programme of biking, camping and walking trips. These take advantage of the natural environment of Tanzania and include nearby National Parks, Mt. Kilimanjaro, Mt. Meru and other locations around the country. Each trip is graded according to difficulty. Each student has the opportunity to join the programme, starting with biking, camping or low level overnight mountain trip. Charges are made for transport, official guides and food. Every student is encouraged to take full advantage of the OP Programme, whatever their level of fitness or experience. All new students will be offered a complimentary introductory OP trip as part of the school experience. If you need to borrow equipment from the OP store then a refundable deposit of TZS 10,000 is required.

Students should see the appendix regarding packing for a list of OP equipment that is needed and is recommended to bring.

The IT Centre and Internet Use

The IT Centre will generally be open each school day. Access to the internet is available through the IT Centre but should be limited to school related activities. Students are welcome to use it to work when there are no classes, activities or workshops taking place.

Students must sign and agree to the school Technology Use Agreement. All students are required to get parental permission to use the internet unsupervised. Students who violate these rules will be subject to disciplinary measures, which may include the right to Internet or computer use being withdrawn.

Facilities

The *library* is open Monday to Friday and other select times. Times will be posted outside the library. Students may read or work quietly and can borrow books to take out. If a book is lost, then a replacement fee (including shipping costs if applicable) will be issued and students will not be able to borrow a book until this is paid.

The *swimming pool* is open for student use when not being used for sports teams and a lifeguard is on duty. Times will be posted outside the pool. Before being allowed to use the pool without an adult, students will be asked to take a swimming test. Students need to be aware that select members of the wider community also use this facility at certain times.

All students can use the *changing rooms* for their sports. Please be respectful of other people changing there. Students should not leave their belongings in the changing room, they are tidied up once a week and any items found will go to lost property at reception.

Students can use the *courts*, the *pitches* or *facilities* for their own sports on campus if they are not being used for a school organised activity. Equipment can be borrowed from the PE Department.

Mentor Group

Each student is assigned to a mentor group. Each week, there will be periods scheduled for students to be with their mentor group. This may include personal and educational counselling, administrative matters and group activities, as well as assemblies.

Home Learning

Students will be assigned work to complete on a regular basis outside of class, which we consider an important part of learning. The nature of the work will depend on the course. Students are expected to complete assignments on time and should organise their time accordingly.

Students will be provided with a planner in M1 and M2, these are optional in M3-D2. These planners, or equivalent, should be brought to every class. Replacements for lost planners will be provided at a charge of TZS 5,000.

- M1-M2 students should have no more than 1 hour of work a day.
- M3 students should have no more than 1.5 hours of work a day.
- M4 students should have no more than 2 hours of work a day.
- M5 and Diploma students work on assignments as designated.

Home Learning Expectations

All secondary students are expected to:

- Use a planner. Record assignments for each class and use the planner for planning work each evening. This may be ManageBac for older students.
- Put in a concentrated time each afternoon/evening. Time spent finding pencils, getting organised, chatting on the Internet etc. does not count.
- Be *accomplished* on all assignments. Teachers may ask students to spend longer on assignments if the work does not reach the expected standard.
- Keep *balanced*. If students have honestly spent (productively) the time allotted for home learning but have not finished, they should stop and talk to the teacher the next day.
- Plan how to avoid difficulties. Flimsy excuses (“I forgot”) and technical difficulties (“the power went out”) are not acceptable. Students must figure out how to solve problems, printing must be done before class, backup copies of work should be kept on different computers etc.
- Be *committed* to complete and hand in assignments on time. This helps with organisation, mental well-being, and learning. Repeatedly late or missing assignments indicate that effective learning is not happening.

Students who have incomplete or missing assignments may be issued a warning or receive a detention to catch up on the work.

Late Work Appeal Procedure

All assignments should be completed by the deadline set by the teacher, administrator, school or IB Organisation. This means that, unless other arrangements have been made, students must be prepared to submit assessments or make presentations at the beginning of the class on the day the assignment is due, or at the stated submission time. Missing a major assignment or assessment because of an absence is not considered a valid reason. Students should not bring important assignments on memory sticks or disks and expect to print/submit them on the deadline day.

If a student has a concern about meeting a deadline, this should be addressed with the teacher as early as possible before the deadline. This may lead to an alternate due date. Initial cases of late submissions will be handled by the teacher in all cases. Subsequent cases will follow the following procedure:

M1 and M2

For students in M1 and M2, the development of organisational skills is still one of their major learning objectives. In order to facilitate the development of these skills, late graded assignments will be dealt with by the classroom teachers. Teachers will inform the MYP Coordinator on repeat occurrences.

M3 to D2

If a student fails to submit an assessment at the specified deadline, the assessment will initially be ineligible for credit. An absence on the day of an assessment does not automatically qualify for an exception. Students who are absent on the day of an assessment must present a note immediately upon their return to school. In any case, an assignment will be accepted for the purposes of providing guidance or feedback.

The Appeal

Any student who hands work in after a stated deadline must email the teacher and the DP or MYP coordinator. The student should attach all supporting documentation (e.g. notes from parents) and explain their situation thoroughly. The Coordinator with the teacher will make a determination as to whether the work will be accepted.

Note to Students

Information concerning late submissions are kept by the school. Frequent applications for extensions of deadlines are a clear indication, not only to UWC East Africa, but also to future schools and universities to which they may apply, that a student's commitment to their studies is insufficient. A history of unmet deadlines could adversely affect a student's school record and detrimentally impact future applications to other educational institutions. Maintaining an assignment agenda, tracking work and meeting deadlines is the best way to ensure that students will leave UWC East Africa with a complete and positive record of success.

ManageBac

ManageBac is the school's online learning platform. Teachers issue assignments, provide documents and record grades in the system. Students and parents can use the system to access the assignments and grades.

ManageBac Expectations for Secondary Students:

- Check ManageBac daily to confirm what work has been assigned
- If a student has more than 2 summative assessments on a given day, they should talk to the teacher that issued the third assessment about alternative times within 24 hours of the assessment being posted.
- If a student knows that they will not be in school (excused absence) the day a summative assessment is due, they will let the teacher know within 24 hours of the assessment being posted. If the student finds out about the absence after the day the assignment is posted, they will let the teacher know within 24 hours of finding out.
- Submit written assignments via ManageBac to reduce printing and improve sustainability.

ManageBac Expectations for Secondary Teachers:

- Home learning assignments should be posted the same day, or before they are assigned in class.
- In-class summative assessment (test) details are posted at least 1 week prior to the testing date.
- Longer term summative assessments (papers, investigations, lab reports) should be posted the same day, or before, they are assigned in class and list the due date.
- Grade and return assessments, with appropriate feedback, within 2 weeks, at which point the grades will be posted in ManageBac.

Report Cards

Student report cards are available electronically with comments on a semester basis. UWC East Africa operates 2 semesters that are then divided into quarters. Full report cards can be expected in December and June. In the second year of the Diploma Program, students will receive full reports in November and April.

Parent-Teacher Consultations

These are opportunities for parents to meet all subject teachers throughout the year. The conference days are listed in the school's calendar and will be communicated in the newsletters. Additionally, times can be arranged for other meetings for visiting parents. Please contact the coordinators to arrange these meetings.

Student Government

Representatives from the student body are elected members of the Student Government. The Student Government meets regularly to discuss student ideas, address student queries and plan events. The student government has a role in Campus Management meetings as well as other committees on campus.

House System

The school has three houses representing the local peaks of Kibo (blue), Mawenzi (green) and Meru (yellow). On specified dates, all students are expected to participate in a variety of events and Spirit Days.

Special Events

Through the course of the year there are special events here at UWC East Africa. Our UWC Day takes place on 21st September every year. UWC Day is a moment to celebrate the strength and diversity of the UWC movement and our mission of acting as a force for peace and a sustainable future. It is an opportunity to connect and mobilise the UWC family globally. But it is also an opportunity to challenge and reflect on what we do as a movement,

and to spread the word about UWC and the UWC values. Other events include the team based 24-Hour Run; International Festival with students representing their country through traditional dress, flags or specific color clothing; Sports Weekend that involves nearly 1000 students from around Tanzania.

Learning Support, English as an Additional Language (EAL), and Accommodations

UWC East Africa does not discriminate against qualified applicants or students on the basis of disabilities that may be reasonably accommodated. In line with our Admissions Policy, the school will discuss with families of applicants with known disabilities whether the school will be able to offer their children the appropriate accommodations to help them be successful at UWC East Africa.

For external examinations appropriate documentation will be required to apply to the examining body for any accommodations.

The School has a detailed Learning Support policy. A full copy of this policy is available from the Learning Support department. The Learning Support department supports students and teachers in providing the best possible support for language and learning needs.

The purpose of the policy is to increase the likelihood that children with language and learning needs will make progress and grow in confidence in their own abilities, helping them become independent, motivated and life-long learners.

University Counselling

UWC East Africa aims to guide students in finding the best intellectual, academic and social match for higher education while empowering students to be thoughtful and deliberate agents in their pursuit of higher education. Staff are available to provide professional guidance throughout a student's time at UWC East Africa by engaging in one-to-one meetings, hosting workshops and open forums, as well as hosting college visits and interviews. In addition, the school will provide supporting electronic and print resources.

Personal, Social and Emotional Support

If a student has problems with work or in any classes or activities, it is best to discuss these with the appropriate teacher first. However, Mentors are there to help students and they should see them if they are finding it difficult to resolve a problem. For residential students please refer to 'Residential Supervision and Student Care' in Part Two of this handbook.

Sometimes you may have a problem that you do not wish to discuss with any of the above, but you still need help. In such cases, you should go to the counsellor or any teacher who you feel comfortable talking to and they will do their best to help you and give you advice.

Confidentiality

Members of the school community commit themselves to maintaining appropriate professional tact and discretion with regard to confidential information they receive. However, confidential information may be disclosed to the Director, appropriate administrators, outside professionals, law enforcement officers, parents/guardians and others when there is a compelling reason for doing so, including, without limitation, in cases of health and safety emergencies (when students or others are in imminent danger of harm); when there is concern about an individual's ability to function academically, emotionally, physically and/or mentally within the school environment; or when legal requirements demand that confidential information be revealed.

Timekeeping

UWC East Africa values punctuality and students are expected to arrive promptly for all lessons, activities and events.

If a student is late to school and the first registration period is not finished, they should go to their assigned room and explain why they are late.

If a student arrives in school after the first registration period, they should go to the office to register, where they will receive a late note to give to their teacher. Repeated late arrival will result in a detention or other disciplinary action. Please note that the school has an 80% attendance policy for graduation.

Sickness

Day students: If a student is unable to come to classes or any activities due to sickness, they must bring a note from their parents/guardians as soon as they return to school. The note should be given to the mentor or the Deputy Head of Campus. Alternatively, parents can call the school to inform them about the absence.

Residential students: If a student feels ill before school, they must tell the Residential Parent who will issue a slip to take to the school nurse, who will then advise on treatment and whether or not the student should attend classes or activities.

Residential and Day students: If a student feels ill during class time, they must get a medical slip from their teacher, or Deputy Head of Campus, and visit the school nurse.

Residential houses are closed to all students, apart from Diploma students, during class-time.

Missing Class

Day students who expect to miss classes for any reason other than illness (e.g. to attend a family or religious ceremony) should make sure parents/guardians contact the Deputy Head of Campus well in advance seeking permission.

Residential students should see their Residential Parent who will advise about what to do. Students may not miss classes or activities unless they have the Deputy Head of Campus' permission to do so.

If, for whatever reason, a teacher does not arrive for a lesson, a student in the class should inform the Deputy Head of Campus or Head of Campus.

Excessive Displays of Wealth

As a student body you represent a wide range of socio-economic backgrounds to ensure that our diversity does not just cover national, cultural and religious differences. Given this intentional diversity, we seek to promote the original UWC practice of seeking to live within collectively determined economic limits. The process of self-determining these limits can in itself be an illuminating learning experience. Examples of community-driven decisions could include ideas like restructuring student fundraising events so they are accessible to all.

Ultimately, no value is attached to having possessions or not having them, and all members of the community are celebrated for who they are and what they contribute. To ensure this, there should be a strong sensitivity from all community members around EDW (excessive displays of wealth). If it is within your means, you are asked to be considerate to everyone on campus and think hard whether it is necessary or appropriate to bring objects of high monetary value.

Belongings

Day-students have a locker in which to keep their books. They will pay a deposit for the use of the locker. Students are discouraged from carrying unnecessary materials in their backpacks, especially valuable items.

Lost Property

Students are responsible for looking after their own belongings and the school cannot be held responsible if they are lost, damaged or stolen. If a student finds any items that somebody else has lost, please hand them in to reception.

Mobile Phones and Other Electronic Devices

Mobile phones must be switched off or on 'silent' during tuition times. This includes in between lessons or on the way to a lesson. After this, they may only be used in places

where they will not disturb others or by residential students in their residential houses at certain times.

Parents/Guardians who wish to contact their students during the school day may do so via the school's office.

On occasion, students may be given permission by a teacher to use their device as a tool for learning, however, students who use iPods, MP3 players or other electronic devices or headphones in classrooms without a teacher's permission, may have them confiscated and handed to the Deputy Head of Campus. These electronic devices should not be worn during activities.

Students should not walk around the school 'plugged in', this is anti-social behaviour and a health and safety risk. If a teacher sees a student with headphones in their ears or hanging round their neck, they may confiscate them.

Visitors to Campus

Students may invite friends and relatives to spend a day in school, or use the school facilities, but only with prior approval (one week's notice generally required). Approval should be obtained from the Deputy Head of Campus ahead of time.

Meals and Snacks

Both campuses operate dining facilities which strive to cater for all dietary needs. UWC East Africa is committed to supporting a healthy lifestyle through nutrition. Students are expected to make responsible decisions with regard to food choices, consumption and waste in a shared environment.

All residential students are eligible for three meals a day in the school's dining facilities. In addition, students can bring their own food to school to eat during break and lunch times. There are also options for students to purchase food and drinks on campus and healthy choices are encouraged and promoted. All food should be eaten in the designated eating spaces. Hours of operation for the dining facilities are posted in the canteen area.

Food should not be eaten in classrooms, the library, the sports facilities or on the fields.

Students are discouraged from using electronic equipment, such as phones/ipods/tablets, in the designated eating spaces as we encourage them to step out of the cyber-bubble and socialise at meal/snack times.

Please remember:

- To dispose of all rubbish in bins provided
- Chewing gum is not allowed on campus

Going Off Campus During Academic Hours

Once a student has arrived in the morning, they are not expected to leave the school until the end of the day. If a student needs to leave for a special reason, they must first obtain permission from the Deputy/Head of Campus.

Before leaving, students must sign out at the main reception.

Day students may leave campus in between class and afternoon activities (but not during class time), provided they have their parent's/guardian's permission to do so.

Staying on Campus After Academic Hours

All day students are expected to leave campus by the posted time.

On certain occasions, school organised events, such as a school dance, sports event or dinner, may be organised. On these occasions, day students may stay on campus after the posted time and join the event. They must have permission from their parents in advance.

At other times, day students are welcome to visit residential houses when invited to do so by a residential student. Students will need to have permission from the residential parent on duty.

At weekends, day students are welcome to use school facilities and are invited to join in activities. When on campus to use facilities, or visit residential students, day students should help to contribute towards the programme as appropriate, and should remember that they are expected to follow all school and residential rules, and the requests of teachers or residential parents.

Bicycles on Campus

Students are welcome to ride a bicycle to school but please park bicycles in the bicycle stands located near the main staff room. Bicycles should be locked.

Until 5 pm, students should also refrain from riding their bicycle or using skateboards through the classroom areas.

Driving to School

Day students must obtain permission from the Head of Campus before driving themselves or other students to school. This will normally be given if you bring a letter from your parent/guardian and can show that you have a valid and legal Tanzanian driving licence. Vehicles brought to school should be parked in the main car park and may not be driven around the school.

Students may not travel in a vehicle driven by a day student unless they have specific written permission to do so from their parents/guardians and this permission must name the students who are allowed to drive them.

No motor bikes may be brought on to the school campus by any student. Motorized vehicles driven to school by students and parked outside the main campus are done so at the student's own risk.

Bus Behaviour Expectations (to/from school and school trips)

When students travel on the bus, whether to and from school or on school trips, they are representing the school, so normal school behaviour is expected.

Students who violate these rules may be prohibited from travelling on the bus and may face disciplinary consequences.

Students on the bus will:

- put seat belts on and leave their seat belt on for the whole journey
- clean up rubbish and not leave it on the bus
- stay seated at all times
- not extend any part of the body (or any objects) outside of the bus
- enter and exit the bus only through the door
- listen to supervisors and bus driver
- wear personal earphones if choosing to listen to music
- not disturb the driver at any point in the journey
- be mindful that there are often younger students on the bus also

Teachers/Supervisors will:

- ensure all students are wearing seatbelts and remain seated at all times
- report any students who misbehave on the journey
- ensure the driver is not disturbed whilst driving
- make sure that the students clear all their rubbish before anyone gets off
- ensure students are not misbehaving/acting inappropriately
- act on any misbehaviour with consequence
- agree that they will not take any vehicle on a trip if there are not enough working seatbelts for the number of students on the bus (school buses or hired buses)
- read/remind the students of the bus agreement at the beginning of each trip

Part Two: Residential Life

Travel Documentation

It is the responsibility of each family to ensure the appropriate travel documentation is in place prior to travel. Please advise us well in advance if you anticipate any difficulties with passports or visas needed for travel. The following list of documents should be provided by the student's family and will be kept safely by the Head of Residential Life while students are in residence:

- Student's passport
- Student's birth certificate copy
- Yellow fever vaccination certificate
- Copies of parents passports (or official identification document e.g. driving license, public health insurance card or birth certificate)
- Parental consent form
- Legal custodianship document copy (if applicable)

Traveling to Tanzania

Diploma Students are expected to arrive approximately 7 days before the school opens with the exact date in the acceptance packet. Students will take part in an Orientation Week in order to get acquainted to their peers, new residential life and surroundings.

A travel form will need to be completed and sent to the school by the designated date. All flights need to be into Kilimanjaro Airport (JRO) as their final. Each student will be picked up by school transport and brought to the appropriate campus.

Residence Permits

Non-Tanzanian students require a student residence permit or East African Exemption. The school can obtain these on behalf of parents/students upon request. For Visas, the school charges US\$300 for under 18 and \$400 for an 18-year-old, which includes the actual cost and the preparation costs. For new arrivals in Tanzania, you are advised to acquire a visitor's entry permit on first arrival; the school will subsequently process the application for a residence permit, which may take a while to obtain. The visitor's visa is \$50 for most non-East-African nationalities, and \$100 for American citizens

School ID Card

Students will be issued with a school ID as soon as their picture is taken. This ID is valid for use on domestic air travels. Should a student lose their ID a new one will be issued after paying a fee of TZS 10,000.

Residential Supervision and Student Care

Residential Supervision and Student Care is here to support your mental, physical, emotional wellbeing while here at UWC East Africa. Each campus has a Head of Residential Life and Pastoral Care that oversees and has responsibility for all aspects of residential life.

Supporting the Heads of Residential Life are Deputy Heads of Residential life, Residential Parents and Assistant Residential Parents who manage the day to day requirements of each residence. These are the people students should address for information about maintenance requests, room assignments, sanctions, signing permission slips, checking parental consent forms, following up medical issues, and all other tasks related to daily well-being.

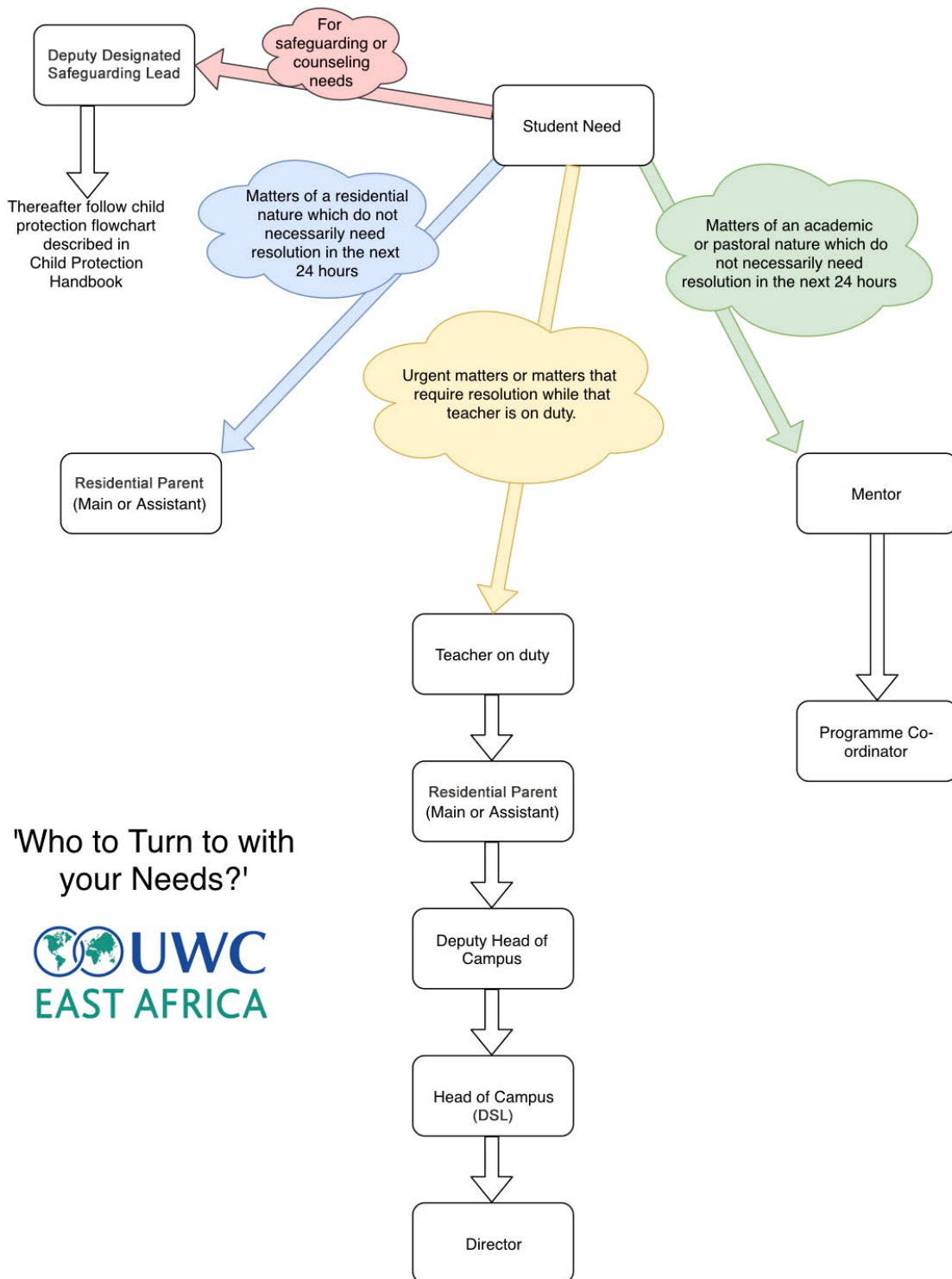
Mentors are dedicated staff members that work in specific dorms after school until curfew. Students go to them for signout slips, home learning help and immediate concerns or issues. In addition to the personnel described above, a member of Senior Management is always available for issues of urgency. This person is known as the Senior Manager on Duty (SMOD).

Duty Schedules

The adult in charge is indicated on the duty schedule for each residence. Duty schedules are prepared by the Head of Residential Life, displayed in the residences, and communicated electronically. This helps students know who to contact at any time.

Who To Turn To?

The flowchart found on the next page informs students who to contact when in need. It is important to follow the hierarchy described in the flow chart.



Residential Facilities and Equipment

Each residential house has its own common room furnished with easy chairs, and tables suitable for board games and shared meals. The students have a kettle, a toaster, a cooker, conventional ovens, and microwave ovens. There are refrigerators in each house. The school supplies fruits, coffee, tea, sugar, milk, margarine, honey, jam, peanut butter, salt and pepper to residents, as well as cups and cutlery (students are encouraged to bring/buy their own mugs if they are regular coffee/tea drinkers).

All houses have shower facilities with both hot and cold water. The room interiors can be decorated with posters, pictures and photographs of the student's choice (the fronts of doors are common domain and are not to be personalized). We only ask that there are no pictures that may cause offence to fellow students or visitors. If in doubt, your Residential Parent will advise you as to what is acceptable. Many students also bring their own rugs and/or floor mats to help brighten up their rooms. Each student is issued a key to their room. If, however, the key is misplaced, they will be billed for a replacement. Bed sheets and pillowcases (changed on a weekly basis), insect sprays, and toilet rolls are also provided. We aim to make residents feel at home in their houses on campus.

Residential Schedules

Quiet Times

	Sunday to Thursday	Friday & Saturday
M1 to M2	7pm to 8:15pm	There are no official quiet times on these days, but we strive to maintain a respectful atmosphere for those that wish to study.
M3 to M5	7pm to 8:45pm	
Diploma	7pm to 9:15pm Noise should not be excessive after 9:15	

Curfew and Lights Out

	Sunday to Thursday	Friday & Saturday
M1 to M2	9pm – In Room	10pm – In Room
	9:30pm – Lights Out	10:30pm – Lights Out
M3 to M5	9:30pm – In Room	10:30pm – In Room
	9:45pm – Lights Out	10:45pm – Lights Out
Diploma	10pm – In House	11pm – In House
	11pm – In Room	12am – In Room

General Communication

Parents/Guardians are encouraged to communicate with their children as much as possible. We support all students in getting a Tanzanian cell phone number and they will have a school email address. This is the easiest way for students and parents/guardians to communicate with each other.

UWC East Africa Newsletters

Each campus sends out a school newsletter on a weekly basis. This is sent to all parents/guardians in the school and updates them on what is happening. This includes sporting events, school productions, service activities, and events that are taking place. We encourage everyone to read our school newsletter in order to stay informed with what is happening within the school community.

Visitors to the Residences

Visitors are always welcome at the school but we ask that, where possible, visiting during class times or quiet times is avoided. All visitors must first be introduced to the residential staff member on duty and are not allowed to enter any dorm without permission from the Residential Parent. Any visitor who has come to see a student for the day, should leave the campus by 6pm, unless the Residential Parent has allowed them to stay longer.

In the interest of student safety, we try to remain vigilant at all times, checking on any strangers who are on or around campus. Parents/Guardians are most welcome to speak with the residential staff, the Head of Residential Life, the Head of Campus or any member of the teaching staff at any time should they be available. The Head of Residential Life and/or Head of Campus will arrange any interviews requested. It is helpful, however, to make an appointment in advance if you wish to ensure the individual(s) you would like to see are available.

When visiting UWC East Africa, parents/guardians are more than welcome to join us for meals. We are also willing to help organize accommodation in the campus area. Day students are welcome to visit residential students and join in certain residential activities with the permission of the Residential Parent but should not visit during quiet time and should normally leave campus before 6pm. When on campus, day students are expected to adhere to all residential regulations.

Visiting Each Other

MYP residential students can visit their friends on the verandas outside the houses. Diploma students may visit other diploma common rooms. Residential students in the diploma houses are not allowed to enter the MYP houses, or vice versa, without permission from the residential parent first. Students are not permitted to invite any member of the opposite sex into a bedroom. These rules are based on common safeguarding expectations that are outlined in our safeguarding handbook.

Leaving Campus

Parental Consent Form (PC form)

Before being admitted into residential living, a Parental Consent Form must be completed and submitted by each student's parents. The Parental Consent Form enables parents to determine the privileges students will be allowed while living at UWC East Africa. It also aids the residential life team in making informed decisions with respect to students. At all times, we try to take into consideration the safety aspect of any request. For example, walking from school to Moshi town can be a hazardous journey as there are no sidewalks on sections of the road and drivers drive fast and often without due care and attention. We do not allow our younger students to walk to town. Nevertheless, the Parental Consent Form is an opportunity for parents to determine what opportunities and privileges they wish to allow students for the duration of their stay at UWC East Africa. We have attempted to make the parental consent form as clear as possible but, should you be unsure of the context of any question, please consult the residential team when you come to register or write to the Head of Residential Life for clarification. Residents without a completed PC form will not be allowed to go off campus at any time. Also, new PC forms must be completed at the start of every year.

Invitations Off Campus for the Weekend

Some students return home for the weekends. Parents/Guardians may give their child permission to do so - without being regularly consulted - on the PC form. Students may also be given an invitation to spend the weekend with a friend and their family. This is something that we encourage as it can give a much-needed break from the routine of residential life.

Before a student can leave for the weekend, the parent and host family must contact the Residential Parent by email or in person so that they can verify the invitation is genuine. This invitation must have a contact phone number for the host family and this will be confirmed by phone as well. For the purposes of catering and activity planning, it is a great help to know how many students will be away from campus at the weekend and, for this reason, we ask that invitations be made by the Thursday evening preceding the weekend. The supervision of students during their visit needs to be of a similar degree to that offered by the school so that our commitment to the parents of those students is still upheld.

The school reserves the right to withdraw permission for a student to accept weekend invitations if we feel that adequate supervision will not be provided. Furthermore, when signing out for the weekend, whether to a friend or to home, it is expected that students will return to campus by 6pm on Sunday evening to be present for dinner, family time and important meetings, such as house meetings.

Going Off Campus During the Day

M1-M4 students are not allowed to sign out at all, unless they are signed out by parents. There will be specific times during the week when students in M5-D2 will be able to go off campus to approved locations. When leaving campus, the student must first complete the sign-out form and get it signed by a member of the residential staff. The form lists where they are going and whom they are going with and when they will return. If granted permission to leave campus they must register their name, the place they are visiting and their expected time of return in the sign-out book at the gate as they leave and sign in when they return.

Students must have at least one member of the group with an active mobile phone on with them. By following this procedure, we hope to ensure safety and be able to locate someone easily in the event of an emergency. Students should be aware that unauthorized absence from the campus will be regarded as a serious matter. When leaving campus, students must be in groups of three or more. Students are allowed short sign-outs (1 hour) daily and longer sign-outs on weekends and up to twice from Monday to Thursday based on the PC form.

Students are also allowed off campus for service activities in addition to normal sign out procedures. In these cases, the student needs to be participating in a service activity with a recognized school partner and will need to sign out with the Coordinator, Deputy Head of Campus or Head of Campus. These activities must be completed before 6pm and all other rules of signing out apply except the rule for a group of three. Communication procedures are in place to check in on these activities

There are certain nearby shops that students are allowed to visit if permission is given; however, there are also several local establishments that we do not allow students to frequent. A list of these places is posted in the houses and is reviewed during Orientation Week.

Some students may get invited to host families or friend's families for dinner during the week. In these cases we do need 24 hours notice so that the dining facility is aware of changes in number and the adult on duty is aware of the plans. These would be communicated through the main residential parent.

Town Trips

The school usually organizes trips to town once a week, on Friday afternoon, which may vary according to holiday schedule. The M1-M4 students are supervised by a residential parent on duty and are not allowed to go anywhere on their own. M5-D2 students are dropped at a specific point in town and are picked up after one and a half hours from the same spot. They are not supervised but are required to walk around in groups of 3 or more. The residential parent on duty keeps a register of those who go to town. Students will only be allowed to go for a town trip if their PC form allows them to.

Religious Services

Students are encouraged to practice their own religions. Transport for groups of students is available to places of worship in town. For new students arriving who have no contact with people from their own religion, the school can help in making any such contacts. The key is communication. Communicate your religious needs to us and we will strive to accommodate you. Your Residential Parent should be your first point of contact. They will convey your needs to the Head of Residential Life.

School Trips Beyond 20 Minutes

As part of the parental consent form, parents/guardian are requested to give permission for students to join school-organized trips within or outside Tanzania. These could include sports or cultural trips. It is common on some trips for students to be accommodated with the families of the host students where a member of the UWC East Africa teaching staff will not directly supervise them. Of course, teachers always accompany such trips and are responsible for the students in their care. When students take part in school trips, the Residential Parent signs the following consent statement on the parent's/guardian's behalf:

"I hereby give my permission for this student to go on the school trip to _____. I understand that while every effort will be made to ensure the safety and health of students during the trip, the School cannot accept responsibility for injury or ill-health either during or after the trip. I understand that it may be necessary for the accompanying staff to administer first aid or basic medication to my child in the event of illness or severe discomfort or to seek medical assistance from a professionally qualified person. I undertake to inform the staff member leading the trip of any illness which my child may suffer from before the trip or of any dietary restrictions or of any reason which may affect my child's ability to participate in certain activities during the trip. I will advise the trip leader of any medication that my child will take with them and the prescribed dosage. I understand that the School cannot be held responsible for any loss of or damage to my child's property during the trip and that insurance in the event of any illness, injury, loss or damage to property is my own responsibility."

Lost Property

Students need to ensure that their personal items are stored in a safe and secure place at all times (all items should be named). The Head of Residential Life on each campus will have a safe where items can be stored (passports, large sums of money, etc).

Moshi Campus Facilities

The Moshi Campus has extensive, attractive grounds which are alive with birdlife and wildlife, including monkeys and bushbabies.

As well as the regular classroom spaces, the campus has three science laboratories, an art room and work area and a design studio which is equipped with power tools for woodworking activities.

In Moshi, we have accommodation for approximately 160 secondary students in 6 residential houses, which can be found in three different areas around the school. Each house is supervised by a Residential Parent with an assistant who are responsible to the Head of Residential Life and Pastoral Care, and the Head of Campus. Each house also has three to four Mentors that work with students and have regular duties at that house.

Kivuli (*Shade*) Accommodates students in double self-contained rooms, plus 4 students in single rooms.

Kiongozi (*Leader*) Accommodates students in a combination of self-contained and shared bathroom rooms. Rooms accommodate between two and four students.

Kijana (*Youth*) Accommodates students in sixteen self-contained rooms. Rooms accommodate between two and four students.

Kilele (*Peak*) and **Kipepeo** (*Butterfly*) each accommodates 16 students in four 4-person rooms with shared bathroom facilities.

Kisiwa (*Island*) Accommodates students in fifteen self-contained rooms. Rooms accommodate between two and four students.

There are many facilities available to students:

- The swimming pool - open every afternoon and on weekends
- Two tennis courts - open at all times but sometimes booked for tennis coaching
- Basketball courts - again available when not booked for coaching
- A cross country hiking/running track surrounds the complex
- Volleyball courts
- Football/Rugby pitches
- The indoor sports hall-Karibu Hall
- Fitness center & outdoor fitness space
- Stables (private arrangement)
- Playground
- Music practice rooms (with arrangement)
- Games areas (table tennis, pool, air hockey, foosball)
- Cycling (must have helmets)
- Social Center
- Library
- Computer center

Sports equipment may be signed out from the Physical Education (PE) storeroom.

Arusha Campus Facilities

Arusha Campus has three co-educational boarding houses, Acacia, Baobab and Jacaranda, each of 40 students. Each house is supported by two residential teacher houses which are within a few meters of the residential house. The residential house comprises 10 student units each sleeping 4 students. The students within these units share a common bathroom facility of one toilet, one shower and a wash basin. Each student is provided with a bed and study desk and powerpoints (both three-pin and USB) of 240v.

The 40 residents in each house share a central pavilion in which there are cooking facilities, microwave oven, fridge, kettle, toaster. The pavilion also contains leisure activities such as pool, table football, a small library and board games. Self-service laundry facilities are also available at the pavilion.

A two kilometre bush walking/running track surrounds the boarding complex. The school has a 25m, 6-lane swimming pool which is serviced by its own state of the art changing room facility. A full sized football/rugby pitch also has its own changing rooms. There are two additional 7-a-side football pitches. A hardcourt area contains a covered basketball court and this is adjacent to two further outdoor courts. One of these courts also doubles as a tennis court.

An indoor performance area accommodates an audience of up to 300 people watching a stage with a backstage area.

A canteen serves hot and cold meals for both lunch and dinner. Breakfasts for boarders are self-service and prepared in the residential pavilion.

The Arusha Campus has extensive, attractive grounds which are alive with birdlife in groves of indigenous trees.

The classrooms in Arusha are spacious, light and airy. As well as the regular classroom spaces, the campus has four purpose built science laboratories, an art room and a design studio which is equipped with power tools for woodworking activities.

If You Are Sick - Residential

If you are not well enough to be in classes or activities, you must go to the school nurse and not remain in the residential house. If you feel unwell during tuition time, tell your subject teacher, the school secretary, or an administrator, to get a pass to the nurse.

Medical Care in Moshi

There is a school nurse that lives on campus and supervises the Health Centre. Someone is on call for medical help twenty-four hours a day. There is a school doctor who is available on call when required and runs two clinics a week. More serious medical problems may be dealt with through one of the local clinics or hospitals, Jaffery Clinic, Kilimanjaro Christian Medical Centre, or Kilimanjaro Hospital. There is a limited dental service in Moshi but travel to Arusha or elsewhere may sometimes be necessary. We have an optical service available in Moshi, where spectacles can be repaired and lenses can be manufactured. There is no service locally that can deal with contact lenses. Students who wear glasses are advised to bring a spare set if possible and also to bring their prescription.

Medical Care in Arusha

Someone is on call for medical help twenty-four hours a day. More serious medical problems may be dealt with through one of the local clinics or hospitals, Arusha Lutheran Medical Centre or Aga Khan Hospital. There is a dental service in Arusha. We have an opticians service available in Arusha, where spectacles can be repaired and lenses can be manufactured. There is no service locally that can deal with contact lenses. Students who wear glasses are advised to bring a spare set if possible and also to bring their prescription.

Students are not allowed to have medicines or malarial prophylactics in their rooms and must give any medication to their Residential Parent. In special cases, such as diabetics, when students are experienced in the treatment process they may, after discussion with the school nurse, retain a suitable quantity of medication in their room. We request detailed instructions from parents/guardians on how to deal with any special medical problems. If necessary, we can supply the students with malarial prophylactics. The school uses an electronic system to catalogue visits to the school nurse. The Head of Residential Life and Head of Campus are informed of each visit.

A medical form must be completed for each student giving as much detail as possible. The original is kept in the health center and electronic access is available for those that need the information, like a student's Residential Parent.

In the event of a serious medical emergency, we will do everything in our power to contact parents/guardians. In the event that we are unable to contact them or a secondary contact, we will seek medical advice and accept treatment for your child as needed. Residential fees include the cost of treatment by the school nurse or school doctor, but parents/guardians are advised to take health insurance to cover any additional medical costs.

Insurance

It is recommended that students obtain medical insurance from their home countries which will cover them during their time at UWC East Africa including travel to and from the school, school sponsored trips and individual travel in the region. Alternatively, the school has a

medical fund available for residential students that covers most local care during term time. This would include coverage of check-ups and routine treatments. Please note that it would not include dental, vision or emergency evacuation. Please contact us for more information.

Finances

The campuses will provide a safe storage system for large amounts of money. Diploma Programme residents are expected to manage their own finances and will be encouraged to control their own fund storage.

Tanzanian Currency and Exchange Rates

The School publishes a monthly rate of exchange to the US Dollar on the website each month. In the last two years, the rate had an average of USD 1.00 = TZS 2,300. Transactions in Tanzania can only rarely be done with a card: it is normally in cash or mobile money. Exchange of currency is not quick and needs to be done at a bank. Residents can hold a debit or a credit card from their country of origin with which they will be able to withdraw Tanzanian shillings (TZS) from the Automated Telling Machines (ATMs). Access to ATMs varies by location and is easier in Arusha than Moshi. Also, each ATM has a different fee related to withdrawals, varying from TZS 8,000 to TZS 15,400. The maximum withdrawal amount at a time is between TZS 300,000 to TZS 400,000, with often a maximum daily limit of TZS 900,000.

Banks and Mobile Phones

Other than keeping large amounts of money in a bank account or in cash, the residents can use the Airtel/Vodacom Money systems (e.g. M-Pesa) which is a practical way of storing money, paying fees, buying internet and phone bundles, and other advantages. Each Diploma Programme resident will be provided with a SIM card on arrival.

Suggested Budget Per Week

In alignment with the UWC Movement philosophy and the cost of living in Tanzania, although it remains at the convenience of each individual, we advise the residents to budget TZS 20,000 to TZS 30,000 per week. This should cover extra expenses such as leisure activities, extra transport and food outside the campus.

APPENDICES

Appendix 1: Clothing and Equipment

The weather is different on both campuses and throughout the year, so a range of cooler and warmer clothes are needed. There are two rainy seasons of which one can be rather heavy, so rain gear is suggested. In Moshi during the summer days the highs can reach 35°C and during the winter nights the low can fall to 14°C. In Arusha it is slightly cooler so the summer days the high can reach 33°C and during the winter nights the low can fall to 12°C.

It is advisable to bring comfortable walking shoes for different activities and open sandals are very common for the hot and rainy seasons. For reasons of safety and hygiene, students are required to wear suitable footwear on campus.

There is no heating in classrooms or residences, therefore students should think about sweatshirts, sweatpants and other warm clothing. Do not bring or purchase electric blankets or heaters because they overload the electrical supply in the residences

Students are encouraged to bring one smart outfit and a national dress outfit for International Day and Flag if possible.

This list was created by the school with help from students

Essential

- Underwear
- Socks (It can get dusty, so dark ones hide the dust better)
- T-shirts
- Trousers/Jeans
- Dress/Skirts (helpful for certain events outside of school)
- Shorts (and some for sports)
- Jumper or sweatshirt/sweater
- Light Jacket
- Rain Coat is very helpful
- Swimming suit (a one piece is needed for water OP trips)
- A formal set of clothes
- Training shoes
- Open sandals/Flip flops (More than one pair is good)
- Formal footwear
- Toiletries (if you have your favourite brands take them)
- Towels (quick dry are very good for the wet season and OP)
- Padlocks (you might like to lock your things in the wardrobe when you leave for longer: breaks, trips etc.)

- Blanket/Duvet(s) (school provides only bedsheets and pillows)
- Torch/Flashlight (head torch is by far the most comfortable)
- Laptop for M3 to D2 (make sure it works before leaving)
- Adapter (preferably more than one, however you can buy them in town)
- Spare chargers/ spare earphones (especially for iPhone)
- Pencil case (and nice stationary if you use it: highlighters etc.)
- Clothes for exercising
- A school bag (backpack or a bag)
- Sunglasses
- Hat
- Water bottle
- Hair bands and bobby pins (a lot)
- Light scarf (if you are a girl you might need to cover yourself during some events outside campus)

Useful

- Pillow (one is provided)
- Mosquito net - can be obtained here
- Clothes hangers - can be obtained here, but are expensive
- Rubber boots for the wet season
- Mosquito repellent - can be obtained here
- Sunscreen (+something for burns) - can be obtained here
- Table lamp (hard to find in Tanzania)
- Surge protector and voltage regulator (can be found in Tanzania)
- Nail clipper, Tweezers, Small first aid kit, Small mirror, Sewing kit
- Make-up if you use it
- Umbrella
- Food/snacks from your country (you will miss them)
- Mug (especially when you drink a lot of coffee/tea)
- Room decorations (fairy lights)
- Spare screen protectors if you use them
- Power bank (especially for OP Trips and nights when power goes out)
- Planner if you use it
- Sleeping mask (if your roommate doesn't use the desk lamp mentioned before)
- Kindle if you have one (helpful if you take self-taught)
- Swimming goggles
- Foldable boxes (really useful to store small belongings)
- Binders (for all the extra papers and tests)
- Small extra wallet (so you don't take everything with you and risk it being stolen)
- Extra sports equipment
 - Tennis racquet
 - Bike/helmet
 - Running shoes

Outdoor Equipment (needed for the Outdoor Pursuit trips)

(please refer to the OP handbook for what is best brought and what is available to borrow)

Sleeping bag

Hiking socks (wool) x 2

Short sleeve t-shirt (synthetic material) x 2

Long sleeve shirt (synthetic material) x 2

Shorts (synthetic material) x 2

Pants/Trousers (synthetic material) x 2

Warm Fleece jacket (no cotton)

Windproof jacket

Rain jacket

Water bottle

Rucksack

Walking Boots

Gloves

Synthetic hat

Appendix 2: Useful Swahili Phrases and Common Vocabulary

Greetings

How are you? (1 person)	Hujambo?
How are you? (2 or more)	Hamjambo?
I am fine.	Sijambo.
We are fine.	Hatujambo.
How are you?	Habari?
I am fine.	Nzuri.
Hi (to elderly).	Shikamoo
Answer to "Shikamo."	Marahaba
Goodbye.	Kwa heri.
See you later.	Tutaonana baadaye (often shortened to baadaye)

For more casual interactions among peers while walking on the streets, you might also hear the following Swahili greetings:

What's up?	Mambo.
How?	Vipi?
Speak? (or Tell me.)	Sema.

The replies to these greetings can be:

Clean/fine/cool.	Safi.
Cool	Poa.
Fresh	Freshi.

Saying "thank you" and other courtesies

Thank you	Asante
Thank you	Asanteni (to more than one person)
No thank you	Hapana asante
Thank you very much	Asante sana
Please	Tafadhali
Sorry	Pole
Very Sorry	Pole sana
No worries	Hakuna matata
No problem	Hamna shida
Welcome	Karibu
Welcome (2 ore more)	Karibuni
Excuse me	Samahani
What is your name?	Jina lako nani?
My name is XX	Jina langu ni XX
Nice to meet you	Ninafuraha kukutana nawe

Agreements and disagreements

Ok	Sawa
Yes	Ndiyo
No	Hapana
I understand	Naelewa
I don't understand	Sielewi
I like it	Ninaipenda
I don't like it	Siipendi
Do you like it?	Je unaipenda?

Pronouns

Me	Mimi
You	Wewe
Him/Her	Yeye
Mine	Yangu
Yours	Yako
His/hers	Yake
Ours	Yetu

Questions

What?	Nini?
Where?	Wapi?
Which?	Ipi? (or Gani?)
Who?	Nani?

Descriptions

Big	Kubwa
Small	Kidogo
Short	Fupi
Long	Ndefu
Color	Rangi
Black	Nyeusi
Red	Nyekundu
Blue	Buluu
White	Nyeupe
Green	Kijani

Days and months

Sunday	Jumapili
Monday	Jumatatu
Tuesday	Jumanne
Wednesday	Jumatano
Thursday	Alhamisi
Friday	Ijumaa
Saturday	Jumamosi
January	Januari
February	Februari

March	Marchi
April	Aprili
May	Mei
June	Juni
July	Julai
August	Agosti
September	Septemba
October	Oktoba
November	Novemba
December	Desemba

Shopping

Store/shop	Duka
Price	Bei
Money	Pesa
Cash	Pesa taslimu
How much?	Pesa ngapi?
It is cheap	Ni bei rahisi
It is expensive	Ni bei ghali
Do you give discounts?	Je, Unapunguza bei?
Please reduce the price	Tafadhali punguza bei
How do I pay?	Ninalipaje?

Appendix 3: Contact Information

School Website <http://www.uwcea.org>
School Director Dr Anna Marsden: annamarsden@uwcea.org

Moshi Campus

Physical address UWC East Africa, Moshi
P.O. Box 733
Moshi, Kilimanjaro, Tanzania.

Phone numbers +255-27- 275 5004, 275 5005, 275 1850
Fax +255-27-275 2877
Email school@uwcea.org

Head of Campus Mr Bob Cofer: bobcofer@uwcea.org
Deputy Head of Campus Mr Ben Morley: benmorley@uwcea.org
Head of Residential Life Ms Kate Knight: kateknight@uwcea.org
DP Coordinator Ms Margaret Brunt: margaretbrunt@uwcea.org
MYP Coordinator Ms Jeanne Aman: jeanneaman@uwcea.org
Co-PYP Coordinator Ms Mboka Mwasongwe: mbokamwasongwe@uwcea.org
Co-PYP Coordinator Ms Deborah Mills: deborahmills@uwcea.org
Sports & Activities Coordinator Mr Robin Marsh: robinmarsh@uwcea.org
College & Socio-emotional Ms Cassandra Ford: cassandraford@uwcea.org

Arusha Campus

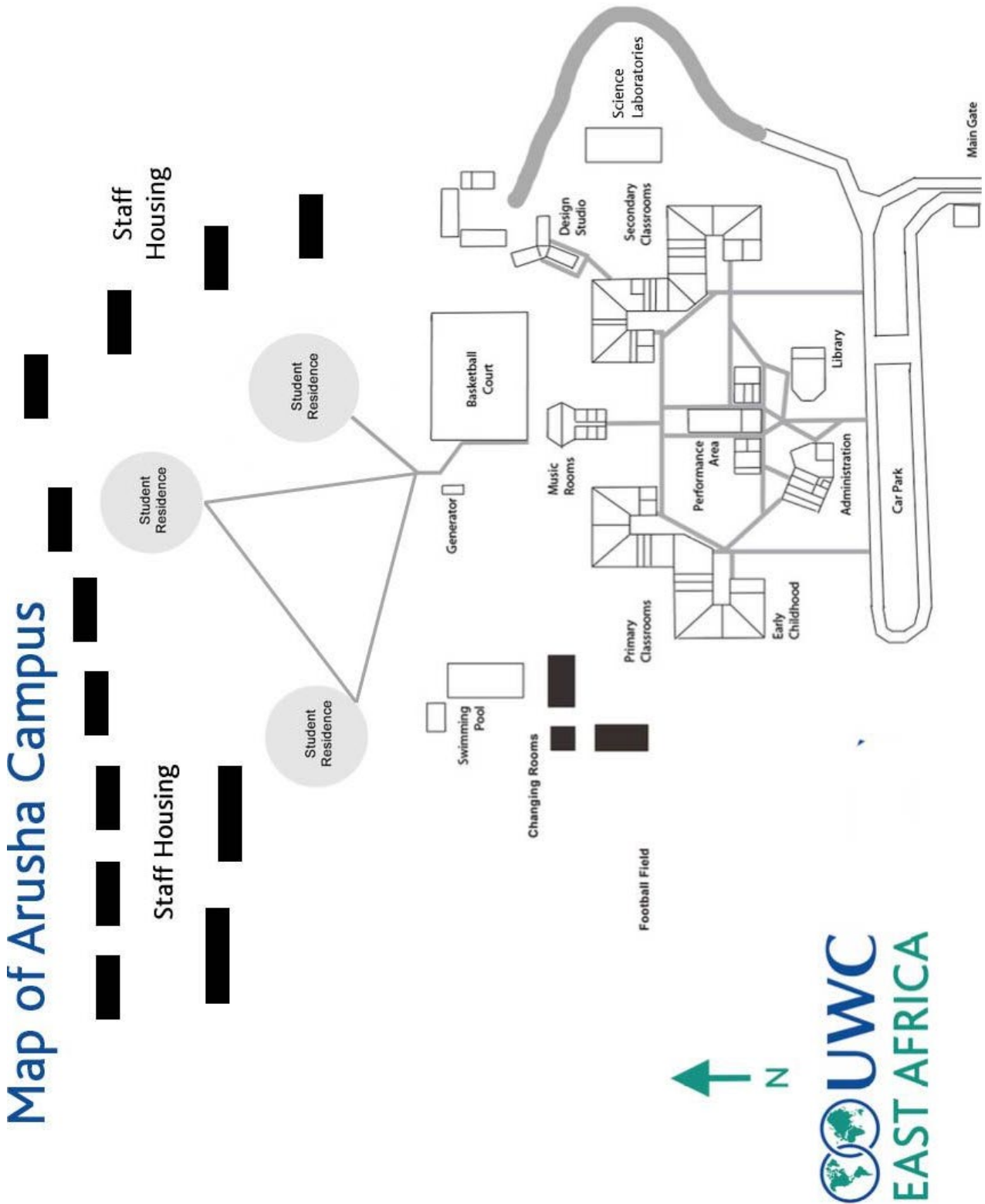
Physical address UWC East Africa, Arusha
Dodoma Road, P.O. Box 2691
Arusha, Tanzania.

Phone numbers +255 27 2505029, 2505030
Email address adminarusha@uwcea.org

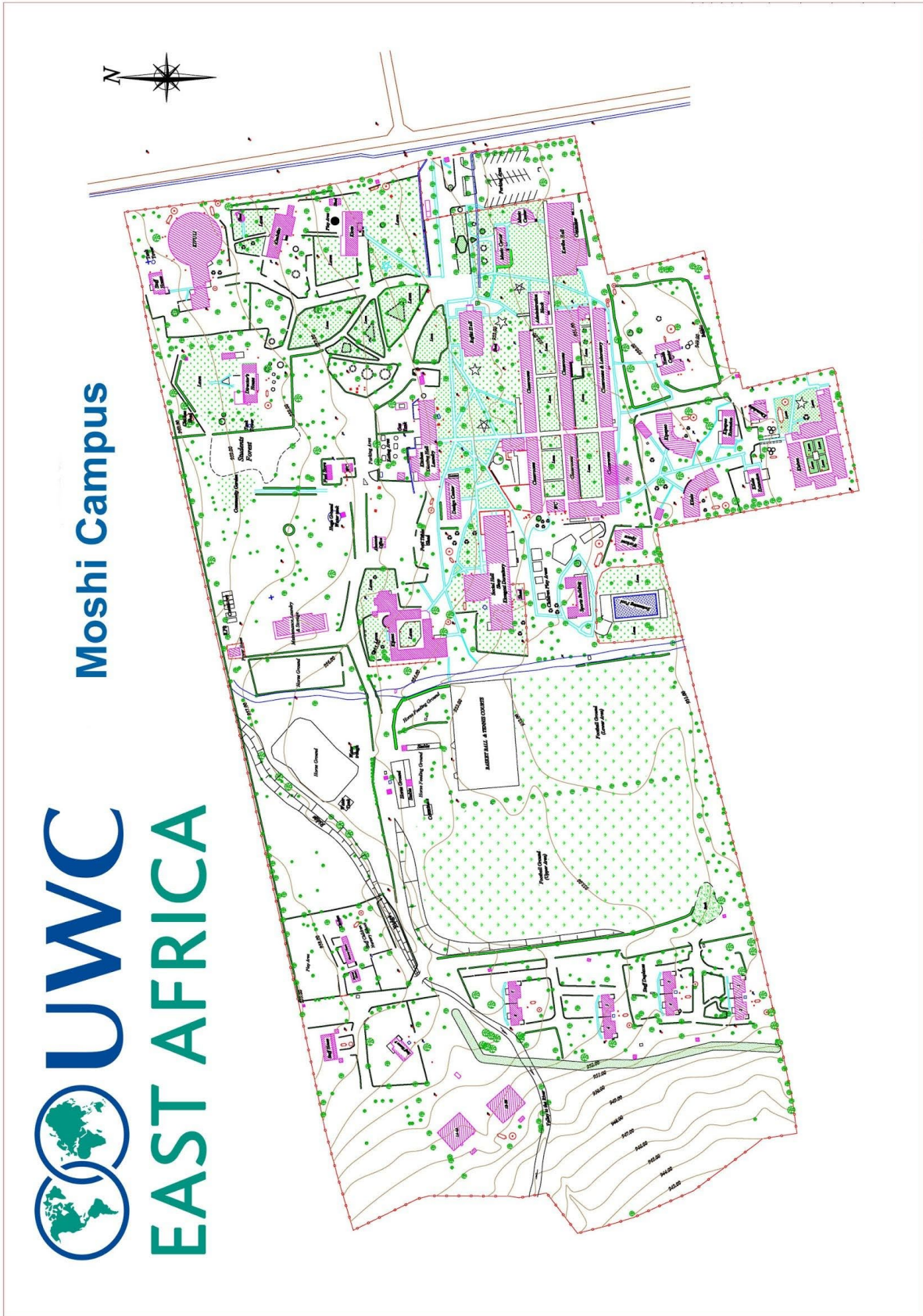
Head of Campus Mr Phil Bowen: philbowen@uwcea.org
Head of Residential Life Mr Chris Green: chrisgreen@uwcea.org
DP Coordinator Miss Nathalie Vignard: nathalievignard@uwcea.org
MYP Coordinator Mr Hamid Rezayi: hamidrezayi@uwcea.org
PYP Coordinator Mrs Amanda Bowen: amandabowen@uwcea.org
Sports & Activities Coordinator Mr Matt Uffindall: mattuffindall@uwcea.org
College & Socio-emotional Ms Blessing Nicholas: blessingnicholas@uwcea.org

Appendix 4: Maps

Map of Arusha Campus



Map of Moshi Campus



UWC
EAST AFRICA

Moshi Campus